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The Predictive Effects of Online Communication on Well-Being among Chinese Adolescents

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ABSTRACT

Based on theories and previous studies on online communication, we proposed two hypotheses to better understand the effects of online communication on subjective well-being with a sample of Chinese adolescents (n = 190). The results of liner regression analysis found that online communication was positively related to adolescents' subjective well-being. For boys, the coefficient of determination of online communication on subjective well-being was .143, and for girls the coefficient of determination was .040, indicating that boys benefit more from online communication than do girls.

KEYWORDS

Online Communication, Subjective Well-Being, Adolescent

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