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## African-Americans and Clinical Trials Research: Recommendations for Client Engagement

*Sharon E. Moore, Wanda Lott Collins*

### Abstract

African-Americans have, without their knowledge and consent, been used as human guinea pigs in scientific and medical experiments by private and governmental organizations. As a result many African-Americans approach the health care industry with caution and apprehension. African-Americans are admonished to remember the atrocities they once experienced and to approach participation in clinical studies with skepticism. This paper presents an historical overview of conspiracy theories, discusses various health issues that affect African-Americans, identifies for whom participation in clinical trials could prove beneficial, and recommends methods that can be used to attract African-American clients as active participants in clinical studies.

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TO CONTACT OUR MAIN CAMPUS:  
Indiana University School of Social Work  
902 West New York Street  
Indianapolis, Indiana, USA, 46202  
Voice: 317.274.6705  
FAX: 317.274.8630  
TDD/TTY: 317.278-2050

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Comments: [iussw@iupui.edu](mailto:iussw@iupui.edu)

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