

**ABSTRACT**

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## Measuring time spent in unpaid household work: results from the American Time Use Survey

*Rachel Krantz-Kent*

Economist, Division of Labor Force Statistics, Bureau of Labor Statistics.  
E-mail: [krantz-kent.rachel@bls.gov](mailto:krantz-kent.rachel@bls.gov)

Time-use data show that on average Americans spend more than 20 hours per week working for their own household without pay on tasks that might be done by a paid worker; women spend more time at such unpaid household work.

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