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Parenting workshop for Latino parents of at risk youth

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Abstract:

The parenting relationship is one of the most important and influential relationships in the life of a child. This relationship can serve as a protective factor in the development of problems during the critical time of adolescence. Latino youth are over represented in samples of behavioral problems during adolescence. This project serves the purpose of providing a workshop for Latino parents that will assist them in successfully navigating the adolescent years with their youth. The goal of this workshop is to respond to the needs of Latino parents who are unprepared to parent effectively in a new culture. The workshop will educate on Erikson's Developmental Stages and focus on the fifth stage of development which comes to the forefront during adolescence, Identity vs. role confusion. The workshop will increase parental understanding of adolescence thereby increasing positive parenting and strengthening the parent-child bond. Moreover, this workshop will psychoeducate on the importance of acquiring communications skills, positive thinking and stress management.

Description:

Includes bibliographical references (pages 28-38)

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