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Theoretical Orientations of Turkish Counselor Trainees: The Role of Thinking Styles, Epistemology and Curiosity

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ABSTRACT

Counselors vary in personality traits, worldviews, epistemic values, cognitive styles, and developmental influences, and these variations in return effect their choice of a guiding theory. This study addresses the variables associated with the theoretical orientations of Turkish psychological counseling students. Participants completed measures of curiosity, thinking styles, epistemological beliefs and a questionnaire on their theoretical choices. Three separate discriminant analysis were conducted to understand which variables differentiate between theoretical orientations. Results of the discriminant analysis revealed that conservative and liberal thinking styles and absorption dimension of curiosity differentiated between theoretical orientations.

KEYWORDS

Psychological Counseling; Theoretical Orientations; Psychological Counseling in Turkey; Counseling Orientations in Turkey

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