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The Analysis of Attachment Styles through Interpersonal Circumplex Description

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Author(s)

Wen Xue, Shouying Zhao

ABSTRACT

The study explored how the dyads with different attachment styles behave towards Leary's circumplex in cooperative and competitive tasks. 100 strangers as a sample were surveyed through two experiments on computer, by using RBQ (Riverside Behavioral Q-sort) to examine their interpersonal traits through rated by experimenters. Relation Questionnaire (RQ) and ECR were also used to measure their attachment styles. There are three conclusions based on the results of this study that: 1) Individuals of different attachment styles in interpersonal interaction had shown different trend of interpersonal styles; 2) Individuals of different attachment styles take up different area in interpersonal circumplex, which proves that it is continuous not discrete of interpersonal attachment style; 3) the dyads in different sex of different attachment types showed different satisfaction in these two tasks.

KEYWORDS

Interpersonal Circumplex, Attachment Style, Interpersonal Relationship, Dyads

Cite this paper

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