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Dissociative Experience, Defense Mechanism, and Coping in College Students

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The purpose of this study was to examine dissociation in relation to defense mechanism and coping in a community sample of college students. Dissociative Experiences Scale (DES), Defense Style Questionnaire (DSQ-40), and a 24-item version of Tri-axial Coping Scale (TAC-24) were administered to 449 undergraduates, 231 men and 218 women. Simple correlation analysis indicated that DES had significant correlations with 'extreme thoughts and aggression toward others' and 'suppression of emotion and alternative gratification' factors of DSQ-40. Although it also had a significant correlation with 'avoidant coping' factor of TAC-24, multiple regression analysis indicated that its relationship with DSQ-40 was more substantial than with TAC-24.

Keywords: dissociation, defense mechanism, coping

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