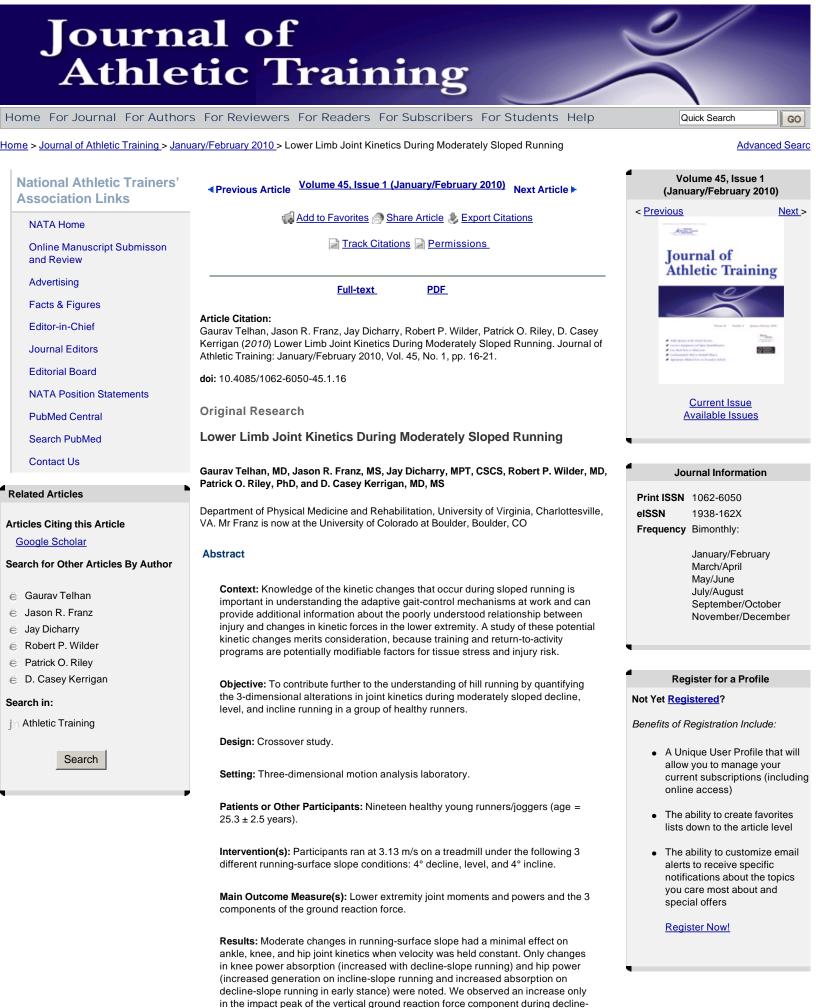
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slope running, whereas the nonvertical components displayed no differences.

Conclusions: Running style modifications associated with running on moderate slopes did not manifest as changes in 3-dimensional joint moments or in the active peaks of the ground reaction force. Our data indicate that running on level and moderately inclined slopes appears to be a safe component of training regimens and return-to-run protocols after injury.

Keywords: biomechanics, decline running, incline running, joint moments, joint power

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