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Jan Patočka's three movements of human life with respect to physical education and sport practice

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Abstract

In this contribution we present the Czech philosopher Jan Patočka and his original concept of the three fundamental movements of human life. In this concept Patočka is inspired by the philosophy of Aristotle as well as by the philosophy of existence of Heidegger. First we interpret Patočka's ideas regarding the three movements of human existence, that is, the movement of acceptance, the movement of defense and the movement of truth. After characterizing each of the three movements of human existence, we shall present our own thoughts about human movement within each given life movement, so that the differences between each of the three movements of human existence can be seen from the perspective of everyday human movement, physical education and sports.

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