

HOME ABOUT LOG IN REGISTER SEARCH CURRENT
ARCHIVES ANNOUNCEMENTS

TABLE OF CONTENTS




Reading Tools

Perception of col...

Karásková, Olga Krejčířová

Review policy
About the author
How to cite item
Indexing metadata
Print version
Notify colleague*
Finding References

Home > Vol 36, No 1 (2006) > Karásková

Font Size:   

Perception of colours by mentally-handicapped pupils


Vlastimila Karásková, Olga Krejčířová

Abstract

The following article attempts to utilize general knowledge of colours in the sphere of physical culture and applies it to physical education in special schools. It is based on the precondition that education of mentally-handicapped pupils should proceed under conditions evoking pleasurable feelings in them. And such conditions also include colours. The article presents the results of an examination of colour preference in probands with slight to moderate mental handicaps. The results show that probands with a slight mental handicap tend to be sensitive in relation to colours, even in their abstract form. They prefer blue, respectively green and red, and they have difficulties with perception of black and violet. The favourite colour preference in probands with a more serious mental handicap is more variable than in probands with a slight mental handicap.

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