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## Level of selected fitness abilities of pupils at practical elementary schools in relation to the aetiology of their intellectual disability

Alena Lejčarová

### Abstract

The objective of the study was to determine the level of the selected fitness abilities of 153 pupils (aged  $10.62 \pm 0.56$  years) at practical elementary schools in Prague in relation to the aetiology of their intellectual disability. A unifittest battery (6–60) was used to assess the level of motor performance with regard to fitness abilities. Clear differences were found between pupils with polygenetically determined lower intellectual abilities in combination with an unstimulating upbringing or neglect, who achieved the best results, and pupils with multiple disabilities, who recorded the lowest motor performance.

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