


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**Abstract:** The binding constants ( $K_a$ ) of [18]crown-6 ether with  $\text{Na}^+$ ,  $\text{K}^+$ , and  $\text{Ba}^{2+}$  thiocyanates were determined by  $^{13}\text{C}\{^1\text{H}\}$  NMR spin-lattice dipolar relaxation time measurements. The observed relaxation times ( $T_{\text{obs}}$ ) for  $^{13}\text{C}$  nuclei are dependent upon the relaxation times of the complexed ( $T_{1a}$ ) and free crown ether ( $T_{1f}$ ), and were measured in [D4]methanol using inversion-recovery measurements in the extreme narrowing limit (75 MHz). The observed  $^{13}\text{C}$  relaxation times of the metal complexes were found to be smaller than those of the cation-free macrocyclic ether due to reduced internal flexibility of the macrocycles in the complexes. The relationship  $1/T_{\text{obs}} = P_a/T_{1a} + P_f/T_{1f}$  was used to estimate  $K_a$  for the n:m stoichiometry of the cation complexes in [D4]methanol and were found to run in the order  $\text{Ba}^{2+} > \text{K}^+ > \text{Na}^+$ . The  $T_1$  measurements within the temperature range of 280–301 K yielded energy barriers for the internal interconversion of the --O--CH<sub>2</sub>--CH<sub>2</sub>--O-- structural fragments in free and complexed [18]crown-6 ether. The results indicated that the energy barriers of complexed crown ether are lower than those of the cation-free molecule, indicating the stabilization of preferred conformations in the cation-complexed crown ethers.

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