

A better way to grow stem cells

New synthetic surfaces overcome challenges posed by existing methods for cultivating stem cells.

Anne Trafton, MIT News Office

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Human pluripotent stem cells, which can become any other kind of body cell, hold great potential to treat a wide range of ailments, including Parkinson's disease, multiple sclerosis and spinal cord injuries.

However, scientists who work with such cells have had trouble growing large enough quantities to perform experiments — in particular, to be used in human studies.

Furthermore, most materials now used to grow human stem cells include cells or proteins that come from mice embryos, which help stimulate stem-cell growth but would likely cause an immune reaction if injected into a human patient.

To overcome those issues, MIT chemical engineers, materials scientists and biologists have devised a synthetic surface that includes no foreign animal material and allows stem cells to stay alive and continue reproducing themselves for at least three months. It's also the first synthetic material that allows single cells to form colonies of identical cells, which is necessary to identify cells with desired traits and has been difficult to achieve with existing materials.

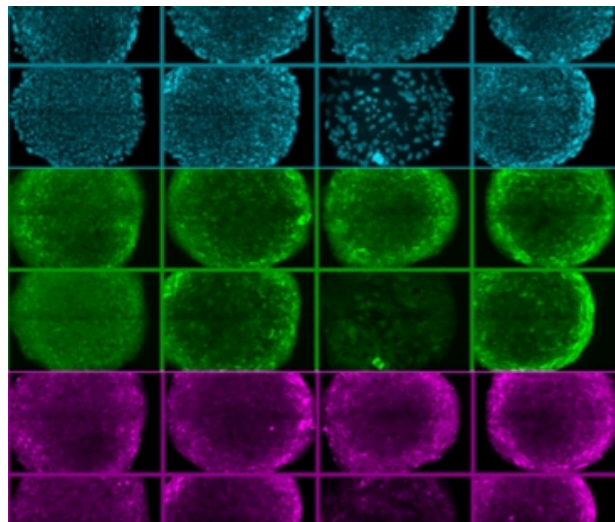
The research team, led by Professors Robert Langer, Rudolf Jaenisch and Daniel G. Anderson, describes the new material in the Aug. 22 issue of *Nature Materials*. First authors of the paper are postdoctoral associates Ying Mei and Krishanu Saha.

Refining surfaces

Human stem cells can come from two sources — embryonic cells or body cells that have been reprogrammed to an immature state. That state, known as pluripotency, allows the cells to develop into any kind of specialized body cells.

It also allows the possibility of treating nearly any kind of disease that involves injuries to cells. Scientists could grow new neurons for patients with spinal cord injuries, for example, or new insulin-producing cells for people with type 1 diabetes.

To engineer such treatments, scientists would need to be able to grow stem cells in the lab for an extended period of time, manipulate their genes, and grow colonies of identical cells after they have been genetically modified. Current growth surfaces, consisting of a



This image shows rows of human embryonic stem cells that MIT researchers grew on a new synthetic surface. The cells at top (blue) are stained to reveal their nuclei, while the cells in the middle and bottom are stained for proteins that are known to be present when cells are pluripotent. Image courtesy of Y. Mei, K. Saha, R. Langer, R. Jaenisch, and D. G. Anderson

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plastic dish coated with a layer of gelatin and then a layer of mouse cells or proteins, are notoriously inefficient, says Saha, who works in Jaenisch's lab at the Whitehead Institute for Biomedical Research.

"For therapeutics, you need millions and millions of cells," says Saha. "If we can make it easier for the cells to divide and grow, that will really help to get the number of cells you need to do all of the disease studies that people are excited about."

Previous studies had suggested that several chemical and physical properties of surfaces — including roughness, stiffness and affinity for water — might play a role in stem-cell growth. The researchers created about 500 polymers (long chains of repeating molecules) that varied in those traits, grew stem cells on them and analyzed each polymer's performance. After correlating surface characteristics with performance, they found that there was an optimal range of surface hydrophobicity (water-repelling behavior), but varying roughness and stiffness did not have much effect on cell growth.

They also adjusted the composition of the materials, including proteins embedded in the polymer. They found that the best polymers contained a high percentage of acrylates, a common ingredient in plastics, and were coated with a protein called vitronectin, which encourages cells to attach to surfaces.

Using their best-performing material, the researchers got stem cells (both embryonic and induced pluripotent) to continue growing and dividing for up to three months. They were also able to generate large quantities of cells — in the millions.

Creating new synthetic materials for stem-cell growth is a longstanding problem that many researchers have tried to solve, says Sheng Ding, an associate professor of chemistry at the Scripps Research Institute. "In the past, it was more of a trial-and-error process," he says. "The beauty of this work is that they can design these in a very systematic way. This is really a platform that can be applied not just to human embryonic stem cells, but also other cells."

The MIT researchers hope to refine their knowledge to help them build materials suited to other types of cells, says Anderson, from the MIT Department of Chemical Engineering, the Harvard-MIT Division of Health Sciences and Technology, and the David H. Koch Institute for Integrative Cancer Research. "We want to better understand the interactions between the cell, the surface and the proteins, and define more clearly what it takes to get the cells to grow," he says.

Other MIT authors of the paper are Said Bogatyrev, Z. Ilke Kalcioğlu, Maisam Mitalipova, Neena Pyzocha, Fredrick Rojas and Krystyn Van Vliet. Jing Yang, Andrew Hook, Martyn Davies and Morgan Alexander of the University of Nottingham (United Kingdom) and Seung-Woo Cho of Yonsei University (Korea) are also authors of the paper.

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sharon - in praise of adult stem cell research

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Thank you for continuing to develop the field of non-embryonic stem cells. In regards to the current litigation filed by MIT for continued grant monies for such projects as yours, two objections to embryonic stem cell research come to mind:

First, a study attempting to "treat Parkinson's disease by implanting cells from aborted fetuses into patients' brains not only failed to show an overall benefit but also revealed a disastrous side effect, scientists report. In about 15% of patients, the cells apparently grew too well, churning out so much of a chemical that controls movement that the patients writhed and jerked uncontrollably. The researchers say there is no way to remove or deactivate the transplanted cells." (see New England Journal of Medicine for full results report)

Second, embryonic cells are more than master stem cells which can turn into any cell at need. They are their own new, unique organism with its own unique life spirit, plus its own

needs/desires and agenda. More likely, implanted patients will simply become home to what amounts to a parasitic organism with its own impulses and neural communications and need for food/energy.

Moreover, while a woman's body adjusts biologically and biomagnetically to support new life, embryonic cells growing outside the natural process would more likely, similar to endometriosis, act as stressors—draining, weakening and sickening their host body. Ironically, one might add this could be the karmic reversal of abortion. In abortion, a woman takes the life of the child to augment her own. With embryonic implants, the embryo might syphon the life of the woman for its own growth.



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