

division," said Golden. "There are two cycles, the cell cycle and the circadian cycle, that need to mesh for organisms to function. What we learned from this study is how these two cycles with different timing periods interact, and that the mechanisms that control the timing of cell division in bacteria are different than they are in eukaryotic cells."

Golden added that knowledge of the mechanisms of how organisms from

bacteria to humans control the timing of their cell division and other processes has application to many human problems resulting from disorders in the circadian clock.

"Understanding the basic mechanisms of the biological clock is vital to our daily lives as many people suffer from some problem in their daily sleep cycle," said Golden. "The biological clock in humans plays a central role in whether we gain or lose weight, when we fall asleep and wake up, how likely we are to have accidents and how we respond to disease."

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