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Czech J. Food Sci.

**A. Wellner, Ch. Hüttl,
T. Henle:**

Influence of Heat Treatment on the Formation of Amadori Compounds in Carrots

Czech J. Food Sci., 27 (2009): S143-S145

The formation of Amadori products (APs) during heat treatment of carrot juice and dehydration of carrots was studied. APs were measured as the corresponding *N*-furoylmethyl amino acids (FMAAs) after acid hydrolysis using RP-HPLC.

Commercial samples of juices contained up to 108 mg furosine/100 g protein, 18 mg FM-Ala/100g protein, 13 mg FM-Val/100 g protein and 32 mg FM-GABA/100 g protein. The concentrations in dehydrated carrots were extensively higher with up to 1553 mg furosine/100 g protein, 1144 mg FM-Ala/100 g protein, 88 mg FM-Val/100 g protein and 908 mg FM-GABA/100 g protein. Heat treatment of fresh carrot juice caused only a marginal increase of Amadori compounds. Samples contained at most 16 mg furosine/100 g protein and 19 mg FM-GABA, respectively, while FM-Ala and

FM-Val were not detectable at all. In contrast, drying of carrots led to a significant increase of FMAAs. The dehydrated samples contained up to 989 mg furosine/100 g protein, 1201 mg FM-Ala/100 g protein and 969 mg FM-GABA/100 g protein, while FM-Val was not detectable.

Keywords:

carrot; heat treatment; furosine; N-furoylmethyl amino acids

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