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ONLINE ISSN : 1881-398					
			PRINT	ISSN : 1344-6606	
Food Science and Ted	chnology Research				
Vol. 7 (2001), No. 1 p	pp.88-90				

Characteristics of Beer-Like Drink Produced by Mushroom Fermentation

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(Received: August 28, 2000) (Accepted: November 25, 2000)

In general, Saccharomyces cerevisiae is a main microorganism in beer brewing, because this microbe has potent ability to produce alcohol dehydrogenase. Recently, we discovered that some genera of mushroom produce alcohol de-hydrogenase, and made a beer-like drink using a mushroom in place of *S. cerevisiae*. The highest alcohol concentration in this drink was achieved with *Tricholoma matsutake* (1069 mM, 4.6%). This beer-like drink contained about 0.17% β-D-glucan, which is known to have preventive effects against cancer. The drink showed thrombosis preventing activity: prolonged thrombin clotting time 2.3 fold that of control. Thus, the beer-like drink made using mushroom seems to be a healthful alcoholic beverage.

Keywords: beer, mushroom, fermentation, alcohol dehydrogenase, b-D-glucan, anti-thrombin substance

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To cite this article:

Characteristics of Beer-Like Drink Produced by Mushroom Fermentation Tokumitsu OKAMURA, Tomoko OGATA, Norie MINAMIMOTO, Tomomi TAKENO, Hiroko NODA, Shoko FUKUDA and Masahiro OHSUGI, *FSTR*. Vol. **7**, 88-90. (2001) .

doi:10.3136/fstr.7.88 JOI JST.JSTAGE/fstr/7.88

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