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Peptide Inhibitors for Angiotensin I-Converting Enz Fermented Milk

Yoshikazu ISONO¹⁾

1) Biwako Research Institute, Otsuka Foods Co., Ltd.

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The Masai, a nomad living in East Africa, consume a large quantity main staple. Angiotensin I-converting enzyme inhibitory activity of 1 compared with those of commercial ones. Relatively strong activity fermented milk. The inhibitory activity in the milk increased during f *Lactobacillus confusus* and *Lactococcus lactis* subsp. *lactis* whi the Masai fermented milk as the dominant strains. Two inhibitory p ethanol fractionation and four HPLC steps. Their amino acid seque Ser-Leu-Val-Tyr-Pro-Phe-Pro-Gly-Pro-Ile-His-Asn and Lys-Thr Their IC₅₀ values were 38.5 μ M and 28.7 μ M, respectively.

Keywords: angiotensin I-converting enzyme, Masai, fermented mi confusus, Lactococcus lactis subsp. lactis



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