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Researching about the Outdoor Space Design Adjusting to Aging Population in South-Central in China

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ABSTRACT

Aiming at the rural-urban background, the paper research content is that the outdoor space design adjusting to aging population. It is noteworthy that the "empty nest" becomes a social phenomenon in China. The community and the village are the are population most centralized region, it is also the main places that old man consume their leisure time. Outdoor space design should be suitable for the local natural climatic conditions and cultural customs. Outdoor space in Hunan of China appropriates local opened space. The high quality design of outdoor space will create conditions for social endowment and self-help endowment. Outdoor activity space is closely linked with the old people's quality of life. Function of outdoor space includes contact and the exercise as well as manual labor and pastime. Outdoor space design strategy consists of barrier-free design, identification design and activity space. The paper thinks that: "Doing to older, joy to older" is the highest state of old age. This needs the joint efforts of the family and community, needs to assume by physical space. The outdoor is the main site of activity for old man. Taking exercise, accompanying with others or pets, association and manual labor are the main content to outdoor space design.

KEYWORDS

Empty Nest; The Older; Outdoor Space

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