



Go

	Themes	Emerging risks	Surveys & Statistics	Legislation	Campaigns & Awards
Tools & Publications	About EU-OSHA				

[Home](#) » [Tools & Publications](#) » [Publications](#) » OSH in figures: stress at work...

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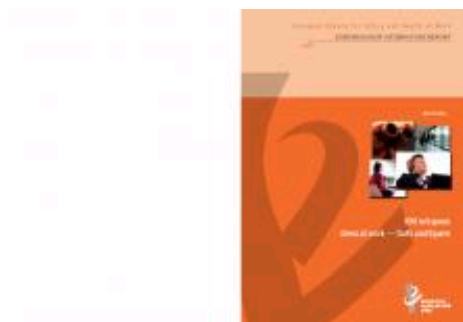
- Publications**
 - [Risk assessment tool \(OIRA\)](#)
 - [OSHwiki](#)
- [Seminar reports](#)
- [e-guide manage stress](#)
- [Napo](#)
- [Campaign toolkit](#)
- [Infographics](#)

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OSH in figures: stress at work — facts and figures



Stress at work is common throughout Europe. In surveys carried out every five years by the European Foundation for the Improvement of Living and Working Conditions, respondents name it as the second most common threat posed by the working environment. Only musculoskeletal problems are seen as more likely to damage workers' health. According to the fourth European Survey of Working Conditions, carried out in 2005 in all Member States, stress was experienced by an average 22% of working Europeans. In 2002, the annual economic cost of work-related stress in the EU15 was estimated at EUR 20,000 million.

Summary & Resources

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OSHWiki featured
articles

Health and wellbeing

Roxane L. Gervais, Health & Safety

Health and wellbeing are essential elements to increase and/or maintain employee performance, productivity, job satisfaction and engagement within the work environment. This article presents an overview of the differences in the interpretation of the terms, while acknowledging that these differences arise due to cultural and organisational interpretation of workplace practices. In addition, it highlights organisations' promotion of policies to improve or increase health and wellbeing in the workplace. Effective policies and practices could lead to healthy employees with a high state of wellbeing, which benefits both the organisation and the wider society.

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