Turkish Journal

of

Agriculture and Forestry

Keywords Authors



agric@tubitak.gov.tr

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Turkish Journal of Agriculture and Forestry

The Effect of Ascorbic Acid and Sodium Stearoyl -2- Lactylate on Frozen Dough Stability

Ahmet Faik KOCA, Münir ANIL Ondokuz Mayıs Üniversitesi Ziraat Fakültesi Gıda Mühendisliği Bölümü Samsun-TÜRKİYE

Abstract: The present study consists of two parts of research. In the first part, the effect of varying doses of ascorbic acid (AA-0, 75 and 125 ppm) and sodium stearoyl -2- lactylate (SSL-0, 0.5 %) used in frozen doughs on bread characteristics after 2 months storage period. In the second part the effect AA alone and AA+SSL after three cycles of freeze-thaw on proof time and bread char-acteristics was investigated. The results are presented below statisticaly (p<0.05, p<0.01). Spesific volume was significantly higher in the AA group than control group. Bread quality was found high at the dose of 125 ppm AA. SSL concentration of 0.5% significantly improved specific volume and bread quality. The highest bread quality was observed with the use of 125 ppm AA+0.5% SSL combination. In the case of the freeze-thaw cyle numbers increased; proof time extended and bread quality decreased. To prevent these effects, using 125 ppm AA+0.5 SSL combination gave the best results according to 125 ppm AA alone.

Turk. J. Agric. For., 23, (1999), 249-256.

Full text: pdf

Other articles published in the same issue: Turk. J. Agric. For., vol.23, iss.2.