

论著

## TNF- $\alpha$ 介导的11- $\beta$ 羟类固醇脱氢酶1表达和活性变化对3T3-L1脂肪细胞胰岛素敏感性的影响

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**摘要** 目的: 观察肿瘤坏死因子 $\alpha$  (TNF- $\alpha$ ) 介导的11- $\beta$ 羟类固醇脱氢酶1 (11- $\beta$  HSD-1) 表达和活性变化对3T3-L1脂肪细胞胰岛素敏感性的影响。方法: 以TNF- $\alpha$ 以及TNF- $\alpha$ 分别与阿司匹林、2'-hydroxyflavanone和RU486联合作用3T3-L1脂肪细胞, 然后检测细胞11- $\beta$  HSD-1 mRNA表达和活性以及胰岛素刺激的葡萄糖摄取能力。结果: TNF- $\alpha$ 增加3T3-L1脂肪细胞11- $\beta$  HSD-1 mRNA表达和活性, 同时降低细胞胰岛素刺激的葡萄糖摄取。阿司匹林减轻了TNF- $\alpha$ 对11- $\beta$  HSD-1 mRNA表达和活性的上调作用, 并减轻TNF- $\alpha$ 对胰岛素刺激的葡萄糖摄取的抑制作用; 11- $\beta$  HSD-1活性特异抑制剂2'-hydroxyflavanone和皮质醇受体拮抗剂RU486也可减轻TNF- $\alpha$ 对胰岛素刺激的葡萄糖摄取的抑制作用。结论: TNF- $\alpha$ 可通过提高3T3-L1脂肪细胞11- $\beta$  HSD-1的表达和活性而降低细胞对胰岛素的敏感性。

**关键词** 肿瘤坏死因子; 羟甾类脱氢酶类; 胰岛素敏感性

**分类号** R58

## Effects of TNF- $\alpha$ -induced changes of expression and activity of 11- $\beta$ HSD-1 on the insulin sensitivity in 3T3-L1 adipocytes

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### Abstract

<FONT face=Verdana>AIM: To observe the effects of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) -induced changes of expression and activity of 11-beta-hydroxysteroid dehydrogenase type1(11- $\beta$  HSD-1) on the insulin sensitivity in 3T3-L1 adipocytes.<BR>METHODS: 3T3-L1 adipocytes were treated with TNF- $\alpha$  and TNF- $\alpha$  combined with aspirin, 2'-hydroxyflavanone or RU486, then mRNA expression and activity of 11- $\beta$  HSD-1 and insulin-stimulated glucose uptake were examined.<BR>RESULTS: TNF- $\alpha$  increased expression and activity of 11- $\beta$  HSD-1 in 3T3-L1 adipocytes, and decreased insulin-stimulated glucose uptake. Aspirin decreased expression and activity of 11- $\beta$  HSD-1 induced by TNF- $\alpha$ , and alleviated the inhibiting effect of TNF- $\alpha$  on insulin-stimulated glucose uptake. 11- $\beta$  HSD-1 specific inhibitor 2'-hydroxyflavanone and cortisol-receptor antagonist RU486 also alleviated the inhibiting effect of TNF- $\alpha$  on insulin-stimulated glucose uptake.<BR>CONCLUSION: TNF- $\alpha$  may decrease the insulin sensitivity in 3T3-L1 adipocytes through increasing expression and activity of 11- $\beta$  HSD-1.</FONT>

**Key words** Tumor necrosis factor Hydroxysteroid dehydrogenases Insulin sensitivity

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