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石喻,郭启勇,白若冰,马跃,启文旭·降低门静脉灌注量对肝脏MR ADC值的影响[J].中国医学影像技术,2012,28(4):722~726

降低门静脉灌注量对肝脏MR ADC值的影响

Impact of portal vein perfusion decrease on MRADC value of the liver

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中文摘要:

目的 探讨不同b值下门静脉灌注量降低对肝脏ADC值的影响。方法 对25名健康志愿者分别在静息状态和标准运动后(有效减少门静脉灌注量)采用相位对比法定量测量门静脉灌注量,较b值不断递增时($b=0, 250, 500, 750, 1000 \text{ s/mm}^2$)门静脉灌注量降低对肝右前叶、右后叶ADC值的影响。结果 门静脉灌注量在运动后均显著下降,平均下降比例为43.31%。 $b=500, 1000 \text{ s/mm}^2$ 时,肝右后、右前叶运动前、后ADC值的改变均无统计学意义; $b=250 \text{ s/mm}^2$ 时,肝右后、右前叶ADC值的改变均有统计学意义,此时门静脉灌注量的改变量与肝右后、右前叶C值的变化量无确切相关性($r=0.16, P=0.45; r=0.16, P=0.46$)。结论 选择较大b值($b \geq 500 \text{ s/mm}^2$)可有效减小门静脉灌注量对肝脏ADC值的影响,以获得稳定、优化的ADC值。

英文摘要:

Objective To assess whether hepatic ADC value are influenced by hepatic perfusion decrease under different b values. **Methods** Totally 25 healthy volunteers underwent DWI before and after a standard exercise (an effective method to decrease portal vein flow). Phase contrast technique was used to detect the perfusion of portal vein, and breath-hold technique was taken for DWI at b-values 250, 500 and 750 and 1000 s/mm^2 . Then hepatic ADC values of posterior and anterior right lobe were measured and compared at different states. **Results** After exercise, portal blood flow decreased significantly in all volunteers, with the mean rate of 43.31%. The ADC values of posterior and anterior right lobes in $b=500, 750, 1000 \text{ s/mm}^2$ before and after exercise had no statistical significance, while statistical significance was found when $b=250 \text{ s/mm}^2$. The decrease of portal vein flow had no relationship with ADC values of posterior and anterior right lobes when $b=250 \text{ s/mm}^2$ ($r=0.16, P=0.45; r=0.16, P=0.46$). **Conclusion** With regard to the measurements of ADC, the effect of perfusion can be minimized with higher b values ($b \geq 500 \text{ s/mm}^2$) in order to obtain stable and optimized ADC values.

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