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Original Article

ANTIMICROBIAL RESISTANCE OF SHIGELLA SPP. ISOLATED FROM DIARRHEAL PATIENTS IN ZAHEDAN

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Abstract:

One of the great challenges in the treatment of infectious diseases is the resistance of pathogenic bacteria against antibiotics, and antibiotic resistance to *Shigella* is broadly observed in different parts of the world. The object of this study was to determine *Shigella* antibiotic resistance pattern against the antibiotics such as ampicillin, amoxicillin, trimethoprim-sulfamethoxazole, chloramphenicol, nalidixic acid, ciprofloxacin and ceftriaxone. In this cross-sectional study, a total of 147 *Shigella* strains were collected from the diarrheic patients referring to different medical centers of Zahedan. Specific antisera were used for serotyping of isolated *Shigella* and their antibiotic resistance patterns were determined by standard Kirby-Bauer method. Of the 147 studied *Shigella* strains, 102 (69.3%) belonged to *S. flexneri*, 32 (21.7 %) to *S. dysenteriae*, 11 (7.4%) to *S. boydii*, and 2 (1.36%) to *S. sonnei* species. The isolated strains showed resistance to ampicillin (99.3%), trimethoprim-sulfamethoxazole (52%) and nalidixic acid (1.3%), but there was no resistance against ciprofloxacin and ceftriaxone. According to the findings, it is suggested that antibiotics should not be used without laboratory testing (antibiogram).

Keywords:

Shigella . antimicrobial resistance . antibiotic . diarrhea

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