

论著

## 糖皮质激素吸入对哮喘患儿外周血CD4+CD25+ 调节性T细胞水平的影响

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**摘要** 目的: 探讨糖皮质激素吸入对哮喘患儿外周血CD4+CD25+ 调节性T细胞 (Tr) 水平的影响。方法: 采用糖皮质激素吸入治疗70例发作期哮喘患儿, 应用流式细胞术检测患儿外周血的Tr细胞数。结果: 糖皮质激素规则治疗后患儿外周血CD4+CD25+Tr水平 (7.05%±1.61%) 明显高于治疗前 (5.62%±1.29%), P<0.01。完全控制组患儿外周血CD4+CD25+Tr水平最高 (7.56%±1.88%), 部分控制组患儿次之 (7.09%±1.23%), 控制不佳组患儿最低 (6.11%±1.96%), 差异均显著, P<0.05。经激素规则治疗的患儿外周血Tr水平 (7.05%±1.61%) 明显高于不规则治疗组患儿 (5.91%±1.76%), P<0.01。结论: 规则使用糖皮质激素吸入疗法可明显提高哮喘患儿外周血Tr水平, Tr水平与哮喘的激素治疗效果有关。

**关键词** [CD4+CD25+调节性T细胞](#); [哮喘](#); [糖皮质激素类](#); [吸入疗法](#); [儿童](#)

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## Effects of glucocorticoid inhalation on the levels of CD4+CD25+ regulatory T cells in peripheral blood of asthmatic children

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### Abstract

<FONT face=Verdana>AIM: To investigate the effect of glucocorticoid inhalation on the levels of CD4+CD25+ regulatory T cells in peripheral blood of asthmatic children. METHODS: Glucocorticoid inhalator was inhaled by 70 children with attack asthma. The levels of CD4+CD25+Tr in peripheral blood of asthmatic children were tested by flow cytometry (FCM). RESULTS: The CD4+CD25+Tr levels in peripheral blood of asthmatic children were (5.62%±1.29%) and (7.05%±1.61%) before and after of regulated glucocorticoid inhalation, respectively (P<0.01). The Tr levels were (7.56%±1.88%), (7.09%±1.23%) and (6.11%±1.96%) in the complete control group, part control group and poor control group, respectively (P<0.05). The Tr level in formal treatment group (7.05%±1.61%) was higher than that in irregular treatment group (5.91%±1.76%), P<0.01. CONCLUSION: The level of CD4+CD25+Tr is remarkable increased by regulated glucocorticoid inhalation, and the level of Tr can reflect the effects of glucocorticoid inhalation.</FONT>

**Key words** [CD4+CD25+ regulatory T cells](#) [Asthma](#) [Glucocorticoids](#) [Inhalation therapy](#) [Child](#)

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