### 论著

脑出血后神经细胞凋亡的时相变化及果糖二磷酸钠镁对其的抑制作用 ZENG Fan-Xin<sup>1\*</sup>, CHEN You-Xiang<sup>2</sup>, DONG Zhi<sup>2</sup>

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摘要 目的 研究脑出血(ICH)后细胞凋亡的规律及果糖二磷酸钠镁(SMFD)的作用。方法 尾状核注射胶原酶 诱导大鼠ICH模型,用TUNEL染色法观察ICH后神经细胞凋亡的发生及其随时间变化 的规律以及SMFD的作用。结果 ICH触发了神经细胞凋亡,造模后6 h即出现凋亡细胞,高峰时间在出血后24~72 h,7 d时仍有凋亡细胞存在。凋亡细胞主要分布在海马及大脑皮质; SMFD可明显减少ICH后神经细胞凋亡数目,其作用强于相似剂量的1,6二磷酸果糖或硫酸镁。结论 ICH可触发神经细胞凋亡,24~72 h细胞凋亡数目达高峰; SMFD对ICH后神经细胞凋亡有显著的抑制作用。

关键词 脑出血 凋亡 果糖二磷酸类 硫酸镁

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# The time course of neuronal apoptosis induced by intracerebral hemorrhage and the inhibitory effect of sodium magnesium fructose diphosphate

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#### Abstract

AIM To study neuronal apoptosis and its time course of rat brain subjected to intracerebral hemorrhage(ICH), as well as the inhibitory effect of sodium magnesium fructose diphosphate(SMFD) on it. METHODS ICH was induced in adult rats by stereotaxical injection of bacterial collagenase into left caudate nucleus, the time course of neuronal apoptosis and t he effects of SMFD on it were determined by counting the number of positive cells after stained with TUNEL method.

RESULTS ICH triggered neuronal apoptosis, which occurred at 6 h after the onset of ICH, peaked at 24 —72 h, then descented and lasted for 7 d. Apoptotic cells mostly distributed in

hippocampus and cortex; SMFD decreased the number of apoptotic cells and its effect was more potent than that of similar dose of 1,6-diphosphate fructose or magnesium sulfate. **CONCLUSION** ICH triggered neuronal apoptosis, the peak of it was at 24–72 h after the onset of ICH, and SMFD significantly inhibited neuronal apoptosis.

**Key words** cerebral hemorrhage apoptosis fructose diphosphate magnesium sulfate

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