





 **Current Issue**

 **Browse Issues**

 **Search**




 **About this Journal**

 **Instruction to Authors**

 **Online Submission**

 **Subscription**

 **Contact Us**



 **RSS Feed**

## Acta Medica Iranica

2009;47(4) : 59-64

### Prevalence of Mood Disorders in Iran

Mohammad-Reza Mohammadi, Ahmad Ghanizadeh3, Harutiun Davidian1, Ahmad Ali Noorbala1, Hossein Malekafzali, Hamid Reza Naghavi, Hamid Reza Pouretamad, S. Abbas Bagheri Yazdi, Mehdi Rahgozar,

#### Abstract:

Objective: To study the prevalence and demographic characteristics of mood disorders among Iranian adults. Method: In this cross-sectional population-based epidemiological study (age > 18) in Iran, 25180 individuals were selected through a randomized cluster sampling method for a diagnosis using the Schedule for Affective Disorders and Schizophrenia (SADS). They were then interviewed at home by 250 trained clinical psychologists. Results: The estimated lifetime prevalence of Major Depressive Disorder (MDD) and Minor Depressive Disorder (mDD) were 3.1% and 0.3% respectively. Also, the estimated lifetime prevalence of Bipolar Mood disorder (BMD) type I and type II were 0.1% and 0.7% respectively. The current prevalence of MDD, mDD, BMD-I, and BMD-II were 1.8%, 0.2%, 0.04%, and 0.3% respectively. Mood disorders were associated with female gender, lower education, being married, being middle-aged, living in cities, and not being a homemaker. Conclusion: The prevalence of mood disorders was lower among Iranian adults than reported in Western studies, and a number of demographic associations differed from those reported in Western studies. Important cultural differences in the nature or manifestation of depression are implied by these results.

#### Keywords:

Mood disorders

TUMS ID: 3512

Full Text HTML  Full Text PDF  89 KB

top ▲

[Home](#) - [About](#) - [Contact Us](#)

TUMS E. Journals 2004-2009  
Central Library & Documents Center  
Tehran University of Medical Sciences

Best view with Internet Explorer 6 or Later at 1024\*768 Resolutions