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Case report

Can Renal Hematoma Occur without a Direct Trauma During Exercise? A Case Report

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ABSTRACT

Renal injury can occur during sports activity. Although it is, generally, associated with contact trauma, it is known that the renal injury can be developed during training without a direct trauma. The diagnosis of renal injuries should not be based solely on urine analysis. Computed tomography scan is necessary diagnose possible renal injuries.

Key words: Renal injury, exercise, computed tomography

Key Points

- Renal injuries may develop during sporting activities without a direct trauma.
- CT scan is necessary in order to diagnose possible renal injuries and to grade accurately the degree of injury.

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