

论著

ROC曲线法分析糖化血红蛋白在妊娠糖尿病诊断中的作用

Published at: November 05, 2014 [2014年第34卷第5期](#)姚碧容¹, 谭建锡², 成婧², 龚强²¹湖南省妇幼保健院检验科, 长沙 410013²湖南出入境检验检疫局检验检疫技术中心, 长沙 410004通讯作者 碧容 姚 Email: birogreen@126.com

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摘要

目的: 采用接受者操作特性曲线(receiver operating characteristic, ROC)曲线统计学方法分析糖化血红蛋白(glycosylated hemoglobin A1c, HbA1c)在妊娠糖尿病(gestational diabetes mellitus, GDM)的筛查与诊断中的作用。方法: 整理统计湖南省妇幼保健院2014年上半年2 283例24~28周产检孕妇的OGTT、HbA1c结果, 根据OGTT结果将受试者分为正常组和GDM组, 采用2组独立样本的T检验统计学方法分析2组HbA1c数据的差异性。以HbA1c值绘制诊断ROC曲线, 分析HbA1c对于筛查诊断GDM的作用; 以 $\geq 5.7\%$ 为阳性标准, 将HbA1c分成阴性、阳性结果, 绘制诊断ROC曲线, 分析HbA1c对于诊断筛查GDM的作用。结果: 正常组与GDM组HbA1c值的差异有统计学意义($P < 0.05$); 以HbA1c值绘制诊断ROC曲线, 曲线下面积(area under curve, AUC)为0.661, 95%置信区间范围为0.620~0.702; 将HbA1c值分成阴性、阳性结果绘制诊断ROC曲线, AUC为0.545, 95%置信区间范围为0.502~0.588。结论: HbA1c只能考察检测前2月内的血糖平均水平, 不能用作GDM早期筛查与诊断的标准。

关键词: [ROC曲线](#) [妊娠糖尿病](#) [糖化血红蛋白](#)

Exploring the medical diagnostic performance of glycosylated hemoglobin to gestational diabetes mellitus using receiver operating characteristic plots

Abstract

Objective: To evaluate the accuracy of glycosylated hemoglobin A1c (HbA1c) for the diagnosis of gestational diabetes mellitus (GDM) using receiver operating characteristic (ROC) plots. **Methods:** Collected the value of OGTT and HbA1c of 2 283 pregnant women of 24~28 gestation week, distributed the subjects into normal pregnancy group and GDM group, compared the difference between the 2 groups using independent-samples T test, analyzed the diagnostic performance of HbA1c by ROC plots. **Results:** The difference of the HbA1c of normal pregnancy group and GDM group was significant ($P<0.05$). The area under curve (AUC) of ROC plots calculated by HbA1c value was 0.661, with the 95% confidence interval of 0.620~0.702. Set $\geq 5.7\%$ as the positive criteria, the AUC of ROC plots was 0.554, with the 95% confidence interval of 0.502~0.588. **Conclusion:** HbA1c was not a sensitive test to the screening and diagnosing of early gestational diabetes mellitus.

Keywords: [ROC plots](#) [GDM](#) [HbA1c](#)

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引用

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