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STUDIES ON 2,122 CASES WITH HIGH BLOOD PRESSURE AMONG 14,102 PATIENTS TREATED IN TEACHING HOSPITALS ON ISFAHAN UNIVERSITY

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Abstract:

Among 14,102 patients admitted in teaching hospitals of the Isfahan Medical School, whose records were studied, 2,122 or 15.4% of patients had high blood pressure. The most common reason for blood pressure in this group was diseases of the kidney and for those, glomerulonephritis and pilonephritis were important causes. Among patients under 30 years old, high blood pressure was twice as common in men as in women, but no great difference was found among patients over 30 years old. The incidence of blood pressure had a direct relation with age. Illnesses encountered among patients with high blood pressure were, Diabetes in 12.9%, Hypercholesterolemia in 8.5%, Hyperuresemia in 11.0%, heritage factors in 10.7% use of alcohol in 5.1% and smoking in 61%. These conditions are more severe among younger patients and patients with higher diastolic blood pressure.

Keywords:

[High blood pressure](#) . [Hypercholesterolemia](#) . [Diabetis](#)

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