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云南白药促进宫颈上皮内瘤变宫颈冷刀锥切术后的康复

Yunnan Baiyao for Promoting Postoperative Rehabilitation of Cervical Intraepithelial Neoplasia by Cold Knife Conization

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英文关键词: [cervical intraepithelial neoplasia](#) [cold knife conization](#) [Yunnan Baiyao](#)

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| 作者 | 单位 | E-mail |
|---------------------|--|--------------------|
| 俞晶 | 昆明医学院第三附属医院妇科, 昆明 650118 | yujing7608@sina.cn |
| 杨宏英 | 昆明医学院第三附属医院妇科, 昆明 650118 | |
| 张红平 | 昆明医学院第三附属医院妇科, 昆明 650118 | |

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中文摘要:

目的: 探讨云南白药促进宫颈上皮内瘤变宫颈冷刀锥切术后康复的疗效。方法: 96例宫颈上皮内瘤样病变(CINIII级)宫颈冷刀锥切术(CKC)术后, 随机分为观察组和对照组各48例。对照组CKC术后创面电灼后纱条填塞并常规抗感染治疗4 d; 观察组创面电灼后用云南白药粉覆盖创面后纱条填塞, 常规抗感染治疗4 d, 云南白药胶囊口服, 2粒/次, tid, 疗程5 d。观察术后1, 2, 5, 8周阴道排液时间及排液量, 阴道出血时间及出血量, 宫颈黏膜脱落情况及其宫颈创面伤口愈合情况。结果: 观察组术后阴道流血时间及平均阴道流血量均少于对照组($P<0.01$); 观察组术后阴道排液时间及平均阴道排液量均少于对照组($P<0.01$); 观察组术后5周及8周分别有23例和45例创面愈合, 均优于同期对照组的12例和34例($P<0.05$); 术后5周观察组阴道清洁度明显优于对照组($P<0.01$); 两组术后疗效差异不明显。结论: CINIII级患者在CKC术后采用电凝止血并以云南白药粉覆盖创面, 并配合云南白药胶囊内服, 减轻了术后并发症, 促进了疾病的康复。

英文摘要:

Objective: To observe the clinical effects of Yunnan Baiyao for promoting postoperative rehabilitation of cervical intraepithelial neoplasia by cold knife conization (CKC). Method: Ninety-six postoperatives of cervical intraepithelial neoplasia III by CKC were randomly divided into observation group and control group ($n=48$ each). CKC postoperative wound was fulgerized and packed with gauze strip for the control group and conventional anti-infection treatment was given for 4 days; CKC postoperative wound was fulgerized and covered with Yunnan Baiyao powder and packed with gauze strip for the observation group and conventional anti-infection treatment was given for 4 days. Yunnan Baiyao capsule was added to the observation group, 2 softgels each time, tid, all for 5 days. Postoperative vaginal drainage time, drainage quantity, vaginal bleeding time, amount of bleeding, decrustation of cervical scab and cervical wound healing was observed in 1, 2, 5, 8 weeks. Result: Postoperative vaginal bleeding time and average amount of bleeding of the observation group were lower than the control group ($P<0.01$); Postoperative vaginal drainage time and average drainage quantity in the observation



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group were lower than those in control group ($P<0.01$). For there was 23 cases after operating 5 weeks and 45 cases after operating 8 weeks of wound healing which were superior to 12 cases and 34 cases of the same period in the control group ($P<0.05$). Cleaning degree of vagina after 5 weeks in the observation group was obviously superior to the control group ($P<0.01$); there was no obvious difference between the curative effect of the two groups. Conclusion: Postoperatives of cervical intraepithelial neoplasia III by CKC treated with electrocautery and covered wound with Yunnan Baiyao powder, and supplemented with Yunnan Baiyao capsule orally could reduce postoperative complications and promote recovery.

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