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## COMPOSITION OF BREAST MILK, IRANIAN WOMEN AND ITS VARIATION

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## Abstract:

A total of 153 samples of milk were collected from one to none months lactating mothers age 17 to 44 years. The protein, total nitrogen, fat, lactose and calcium content 0f these milks were determined. Marked individual variation existed in the protein lactose and fat content of the milks, which was in agreement with finding of other investigators. A gradual decrease was noticed in the protein and fat content of the milk with the increase of the age, higher in the first two months than in later months.

## Keywords:

Lactating mothers

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