

病例报告

面部糖皮质激素依赖性皮炎伴难辨认癣1例

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摘要: 报道面部糖皮质激素依赖性皮炎伴难辨认癣1例。患者男,40岁,面部弥漫红斑、脱屑、丘疹,伴瘙痒、灼热症状,反复发作7 a。曾在外院被诊断为脂溢性皮炎、湿疹、接触性皮炎,给予多种糖皮质激素药膏外用。取面部皮屑做真菌直接镜检为阳性,经鉴定为红色毛癣菌。诊断为面部激素依赖性皮炎、难辨认癣。给予伊曲康唑100 mg/次,2次/d,口服;第1周给予曲安奈德益康唑乳膏2次/d外用;第2周给予舍他康唑2次/d外用。2周后患者皮损明显好转,停用口服药物,给予他克莫司1次/d外用。4周后,患者皮损达临床治愈。

关键词: 激素依赖性皮炎 难辨认癣 红色毛癣菌

A case of corticosteroid-dependent dermatitis with incognito facial tinea

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Abstract: A case of corticosteroid-dependent dermatitis with incognito facial tinea was reported. A 40-year-old man with diffused erythema, desquamation, red papules on the face, has been suffering from pruritus and burning for 7 years, who was previously diagnosed as seborrheic dermatitis, contact dermatitis, eczema, and received glucocorticoids for external use. By direct microscopy and fungal culture, the patient was diagnosed as corticosteroid-dependent dermatitis with incognito facial tinea caused by trichophyton rubrum. The lesion improved evidently after two-week combined treatment (itraconazole capsules 100 mg and pevisone ointment twice per day during the first week, then sertaconazole twice per day for the second week). The patient was cured after consecutive four-week treatment (only topical tacrolimus ointment once daily).

Keywords: corticosteroid-dependent dermatitis incognito tinea Trichophyton rubrum

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