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论著

## miR-155 在全身型重症肌无力中的作用及地塞米松对miR-155 的影响

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**摘要:** 目的:探讨miR-155 在重症肌无力发病中的作用及地塞米松(dexamethasone, DXM) 对miR-155 的影响。方法:采用qPCR 检测全身型重症肌无力(generalized myasthenia gravis, GMG) 患者组和健康对照组B 细胞, 以及DXM干预后miR-155 的相对表达量。用MTT 法检测B 细胞的增殖反应, 流式细胞术检测DXM 和PBS 干预组B 细胞表面CD80 和CD86 的表达, ELISA 检测两组细胞上清液中抗AChR-IgG 及其亚型IgG1, IgG2, IgG3 的水平。结果:GMG 外周血B 细胞中miR-155 的相对表达量高于健康对照组。DXM 组B 细胞中miR-155 相对表达量低于PBS 组; 但两组之间B 细胞的增殖及CD80 和CD86 的表达均无明显差异; DXM 组培养上清中抗AChR-IgG1 的水平低于PBS 组, 而抗AChR-IgG 及其亚型IgG2, IgG3 的水平无明显差异。结论:miR-155 高表达可能参与重症肌无力的发病; 糖皮质激素抑制miR-155 的表达, 可能通过调节B 细胞的抗体类别转换发挥其治疗作用。

关键词: 重症肌无力 miR-155 地塞米松 抗体类别转换

## Role of miR-155 in myasthenia gravis and effect of dexamethasone on miR-155

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**Abstract:** Objective: To determine the role of miR-155 in the pathogenesis of generalized myasthenia gravis (GMG) and the effect of dexamethasone (DXM) on miR-155. Methods: The expression of miR-155 in B cells from the GMG patients and healthy controls was analyzed by qPCR. The B cells were cultured with DXM and PBS. The B cell proliferation was examined by MTT; CD80 and CD86 frequencies were detected by flow cytometry; and anti-AChRIgG and isotypes anti-AChR-IgG1, 2, 3 in the supernatant were detected by ELISA. Results: qPCR revealed that the expression of miR-155 in the B cells was much higher than that in the controls, and the miR155 expression decreased after DXM treatment. flow cytometry showed that there was no significant difference in the proliferation and the expressions of CD80 and CD86 in the B cells between the DXM group and the PBS group. The concentration of anti-AChR-IgG1 was obviously lower in the DXM group than in the PBS group, but the concentration of anti-AChR-IgG, anti-AChR-IgG2, and anti-AchR-IgG3 was similar. Conclusion: high expression of miR-155 may be associated with myasthenia gravis progression. DXM may disturb the antibody class switch of B cells by suppressing the expression of miR-155 and improve the symptom of MG patients.

Keywords: myasthenia gravis miR-155 dexamethasone Ig class switch

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