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Hypothesis

Do Neural Cells Communicate with Endothelial Cells via Secretory Exosomes and Microvesicles?

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Abstract

Neurons, glial cells, and brain tumor cells release small vesicles which may represent a novel mechanism by which neuronal and glial cells communicate with endothelial cells in the peripheral circulation and with cells in the embryonic and mature brain. If CNS-derived vesicles can enter the peripheral circulation and with cells in the peripheral circulation and with cells in the embryonic and mature brain.

1. Introduction

About a year and a half ago, I reviewed evidence that cells within the central nervous system (CNS) communicate with each other containing RNAs and proteins among themselves in a novel mechanism. I emphasized the possible role of secretory exosomes as a mechanism for the transport of molecules across synapses, corresponding to the morphological appearance of these vesicles long noted by neuroanatomists. However, there are numerous additional mechanisms of molecules by vesicles moving freely from cell to cell or by cytoplasmic organelles moving into another. For example, astrocytes can provide neuroprotective factors to neurons, and neurons can provide polyribosomes to the axons that they ensheath. The possibility that central nervous system-(CNS-) derived vesicles may enter the peripheral circulation, and that they may potentially find their way to the blood.

cells and with cells of the immune system.

Secretory exosomes are formed by a specific process of invaginal formation of multivesicular bodies [4], or on the cell surface, re plasma membrane [5]. Microvesicles are little fragments that are Microvesicles are generally thought to be larger than exosomes, but distinct [6], and there may be additional types of vesicles that can and microvesicles have been shown to be shed in a regulated fashion [8] and astrocytes [9]; they have cell-adhesion molecules on the certain target cell types and to be internalized (e.g., [9, 10]).

In several cases, the internalized mRNAs have been shown to be gene transfer to the target cells [9 - 11]. Studies of endothelial cells can alter their gene expression and activate thrombogenicity, apoptosis

2. Do CNS-Derived Vesicles Interact with Endothelial Cells?

Secretory exosomes have been detected within the cerebrospinal fluid [17], and neuron-enriched microRNAs have been detected in the cerebrospinal fluid that neural cells do release vesicles into the extracellular space concurrently within the developing brain [19, 20]; both involved in differentiation, and both respond to some of the same patternin growth factor), and so forth. Endothelial cells interact with neurons in the “neurovascular unit” [21], and these interactions are necessary for the formation of tight junctions that underlie the blood-brain barrier [22]. Transfer of vesicles may interact with endothelial cells during embryogenesis. More recently, in the mature brain and can be stimulated in response to neuronal activity in an arena in which neural-derived cues interact with endothelial cells. Glioblastoma-derived microvesicles can stimulate angiogenesis of blood vessels that would be expected to support tumor growth in vivo [11].

3. Can CNS-Derived Vesicles Reach the Bloodstream?

Blood plasma or serum is an abundant source of microRNAs and secretory exosomes and/or microvesicles (e.g., [24 - 33]). Many cells contribute vesicles to the bloodstream. Placental-derived microRNAs during pregnancy [24], whereas vesicles bearing tumor-specific antigens related to the tumor cells from which they derive (e.g., [25]). As well as other organs, results in elevated levels of the liver-specific microRNAs.

To date, no evidence has been published demonstrating that vesicles reach the bloodstream. (Glioblastoma cells have been reported to shed vesicles into blood vessels may be aberrant and not representative of normal cells). Causes elevated levels of numerous microRNAs in the blood that are associated with Alzheimer disease was interpreted by the authors as likely due to neural damage produced by the disease. Chief Scientific Officer of Xenomics, Inc., presented unpublished data at a conference on “microRNA in Human Disease and Development” in 2008. The microRNAs characteristics of brain expression were detectable in the blood and were elevated in individuals poststroke in a time-dependent manner. In Alzheimer disease, though it was not examined whether the microRNAs were derived from the brain.

What mechanisms might permit CNS-derived vesicles to reach the bloodstream?

prevent movement of large molecules into and out of the brain, transported across capillaries. However, the blood-brain barrier exosomes may be free to communicate with the blood at development that clearance of the cerebrospinal fluid into the blood in circumventricular regions of the brain appear to be devoid of a blood-brain barrier, choroid plexus, subfornical organ, supraoptic crest, Furthermore, exit of vesicles may be expected to occur under pathophysiological conditions that is compromised, for example, following trauma, cell death, or inflammation.

4. Conclusion

There is a growing appreciation that secretory exosomes, microvesicles comprise a physiological channel for cell-cell communication in the bloodstream. Neurons and glial cells in the brain also appear to participate in trophic interactions and synaptic plasticity [1]. CNS-derived secretory vesicles have the potential to interact with endothelial cells during development in the brain. These interactions should have functional significance, insofar as they coordinate responses both in the developing and mature brain [2].

Recent studies also raise the possibility that CNS-derived vesicles circulate in endothelial cells in the peripheral circulation. This would represent a link between the nervous system and the cardiovascular system. Circulating vesicles may be used for surveillance and activation [7]. Perhaps future issues of *Cardiovascular Research* that provide evidence for this channel and that explore the mechanisms of this channel.

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