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Simultaneous Application of Combination of Three Surgical Techniques for Treatment of Gingival Recession: A Case Report

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Abstract: The treatment of Miller class III gingival recession is considered a challenge in periodontal practice, and among the different techniques used, autogenous connective tissue graft has shown the most favorable results. In some cases, more than one procedure may be necessary. In this case report, we describe the simultaneous application of a combination of three techniques (the tunnel technique, a connective tissue graft and a laterally positioned flap) to treat a Miller class III gingival recession localized in the lower anterior region. Twelve months after surgical procedures, partial root coverage, favorable esthetic results and a gain in clinical attachment level were observed, with no periodontal pockets or bleeding on probing.

Key words: Gingival recession, Root coverage, Connective tissue graft, Periodontal plastic surgery, Esthetics

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