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## Associations between severity of dentofacial deformity and motivation for orthodontic-orthognathic surgery treatment

Janice J. Wilmot, DMD, MS;<sup>a</sup> H. Dexter Barber, DDS; David G. Chou, DDS; Katherine W.L. Vig, BDS, MS, DOrth, FDSRCS

<sup>a</sup>1450 Country Lake Drive, Lilburn, GA 30247

## ABSTRACT

The successful outcome of orthognathic surgery is related to patient satisfaction and motivation. The aim of this retrospective study was to analyze the association between 1) severity of dentofacial deformity derived from cephalometric measures and 2) patient motivation for treatment. The initial cephalograms of 142 patients aged 16 years or older from the Dentofacial Program of the University of Michigan were traced and digitized. Inclusion criteria were established by assigning ANB 4° to 15° to define severe skeletal Class II (n=65) and ANB  $-15^{\circ}$  to  $-4^{\circ}$  to define severe skeletal Class III (n=20). Motivation for orthodontics and surgery was derived from clinician administered forms scaled 1–10 with Low (1–5) and High (8–10).

The cephalometric measure ANB was significant (p=0.02) for high/low motivation for orthodontic treatment using Student's t test. No other cephalometric measures were significant for high/low motivation for orthodontics or surgery using Student's t test. Class II patients were significantly (p=0.014) more motivated than Class III patients for orthodontic treatment. No significant difference was found for motivation for surgery between skeletal Class II and skeletal Class III patients.

Patients with severe sagittal Class II deformities had higher motivation for orthodontics than surgery. The cephalometric measure, ANB, defining severe skeletal Class II and Class III patients did predict motivation level for orthodontics. None of the other 18 cephalometric measures were predictive of patient motivation for either orthodontics or surgery.

J. J. Wilmot is a former Lecturer in the Department of Orthodontics and Pediatric Dentistry, School of Dentistry, University of Michigan, Ann Arbor, MI and Co-Director of the Dentofacial Deformity Program, School of Dentistry, University of Michigan, Ann Arbor, Mich. She is now in private practice in Lilburn, Georgia

H. D. Barber is Assistant Professor, Department of Oral and Maxillofacial Surgery, School of Dental Medicine, University of Pennsylvania, Philadelphia, Penn

D. G. Chou is a graduate of the School of Dentistry, University of Michigan, Ann Arbor, Mich

K. W. L. Vig is an Associate Professor and Chairman, Department of Orthodontics, School of Dental Medicine, University of Pittsburgh, Pittsburgh, Penn

KEY WORDS: Orthodontics, Orthognathic surgery, Patient motivation, Cephalometrics, Skeletal Class II/III.

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