

[\[Print Version\]](#)

[\[PubMed Citation\]](#) [\[Related Articles in PubMed\]](#)

The Angle Orthodontist: Vol. 58, No. 4, pp. 351–356.

Buccal Separators for relief of TMJ Pain and Symptoms

Alan H. Mintz^a

^aDr. Alan H. Mink, 420 College Rd., Fairbanks, AK 99701

ABSTRACT

A case report and extended discussion of a simple technique that is effective in relieving TMJ symptoms in some cases. The many questions raised by the clinical response to insertion of separators between some buccal teeth demonstrate the complexity of TMJ problems and the limitations of present understanding.

Dr. Mintz is in the private practice of orthodontics in Fairbanks, Alaska, after an extended period of service in Dental Corps of the U. S. Army and Air Force. He is a dental graduate (D.D.S.) of The University of West Virginia, and holds a certificate in Orthodontics from New York University

KEY WORDS: SEPARATORS, TMJ, ARCHWIRE.