







Review

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# Is plasma vitamin C an appropriate biomarker of vitamin C intake? A systematic review and meta-analysis

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## Additional files

### Additional file 1:

Description of studies included in meta-analysis. Studies that reported the correlation coefficient between dietary intake of vitamin C measured by dietary assessment tools and plasma level of vitamin C.

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### Additional file 2:

Summary of blood collection and analytical methods. Description of blood collection and analytical method for studies that reported the correlation coefficient between dietary intake of vitamin C measured by dietary assessment tools and plasma level of vitamin C.

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