

## 论著

### 190例银屑病住院患者的回顾性分析

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#### 摘要:

目的: 了解湖南省银屑病住院患者的基本特征及其临床特点, 为银屑病病因及临床治疗提供合理参考。方法: 收集中南大学湘雅二医院皮肤科在2012年1月1日至12月31日确诊为银屑病的190例住院患者的住院资料, 进行回顾性分析, 并使用SPSS17.0软件完成统计分析。结果: 住院患者的男女比例 3.13:1, 患者年龄集中在40~70岁; 银屑病类型以寻常型最多(64.73%), 红皮病型次之(18.42%); 银屑病类型在性别之间无明显差异; 能回忆明确诱因的患者有19例, 其中因药物诱发最多(5例), 喝酒(4例)诱发次之; 96例银屑病患者的伴发症中以心血管系统疾病较多(24.21%)。结论: 银屑病患者住院的季节性不明显; 住院人数男性多于女性; 中重度患者应综合考虑临床分析、药物的不良反应, 个体因素等制定个体化治疗。

关键词: 银屑病 住院患者 回顾性分析

### Retrospective analysis of 190 cases of hospitalized patients with psoriasis

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#### Abstract:

Objective: To determine the basic characteristics and clinical manifestations of hospitalized patients with psoriasis in Hunan, and to provide reasonable reference for the etiology and treatment of psoriasis. Methods: Totally 190 patients with psoriasis from January 1, 2012 to December 31, 2012 treated in the Department of Dermatology, the Second Affiliated Hospital of Central South University were retrospectively analyzed. The data were analyzed by SPSS17.0. Results: The ratio of male to female inpatient numbers was 3.13:1, aged was between 40 and 70 years. The most common subtype of psoriasis was psoriasis vulgaris (64.73%), followed by psoriatic erythroderma (18.42%). The distribution of the subtype of psoriasis did not differ by gender. Nineteen patients recalled clearly the cause of psoriasis, 5 of which were caused by medicine, and 4 by drinking. Totally 96 cases accompanied with other diseases, 24.21% of which accompanied with cardiovascular system disease. Conclusion: There is no season difference in the hospitalization of patients with psoriasis. there are more male than female inpatients. Treatment of psoriasis should consider clinical classification, drug adverse reactions, and individual factors for individual treatment.

Keywords: psoriasis inpatient retrospective analysis

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