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#### 论文

张掖市实施免费婚检效果分析

邓丽丽<sup>1</sup>, 张筱文<sup>1</sup>, 雷成善<sup>2</sup>, 李敏<sup>3</sup>, 张书楠<sup>1</sup>, 余小龙<sup>1</sup>, 殷兆波<sup>2</sup>, 王玉<sup>1</sup>

- 1. 兰州大学公共卫生学院营养与食品卫生学研究所, 甘肃兰州730000;
- 2. 张掖市妇幼保健院;
- 3. 上海市计划生育科学研究所

摘要:

目的 分析甘肃省张掖市各县区实施免费婚检以来婚检情况及影响因素,为依法规范婚检,提高分类指导效果提供参考。方法对张掖市各县区2008年9月-2009年10月实施免费婚检以来的婚检资料进行汇总分析。结果 实施免费婚检1年来,有17 406人参加婚检,婚检率为93.67%;检出疾病3 873例,疾病总检出率为22.25%,各类疾病检出率由高至低依次为:生殖系统疾病12.10%,传染性疾病6.23%,内外科疾病3.49%,其他类疾病0.30%,遗传性疾病0.13%,性传播疾病0.06%,精神性疾病0.01%;需要进行分类指导的占10.03%。结论 免费婚检实施后婚检率迅速上升,但仍有部分人群不愿接受婚检,有必要进一步宣传婚检重要性;婚检中生殖系统疾病和传染性疾病检出率较高,是进行分类指导和健康教育的重点。

关键词: 婚前医学检查 分类指导 免费

Efficiency of free pre-marital examination in Zhangye city

DENG Li-Ii<sup>1</sup>, ZHANG Xiao-wen<sup>1</sup>, LEI Cheng-shan<sup>2</sup>

Institute of Nutrition and Food Hygiene, School of Public Health, Lanzhou University, Lanzhou 73000, China

Abstract:

Objective To investigate the situation of free premarital examination and its influencing factors in districts of Zhangye city, Gansu province and to provide a reference for improving the efficiency of premarital examination. Methods The data on free premarital examination in districts and counties of Zhangye city from September 2008 through October 2009 were collected and analyzed. Results One year after the implementation of free premarital examination, a total of 17 406 people took the examination with a premarital examination rate of of 93.67% and 3 873 cases of abnormalities were detected. The disease detection rates of different abnormalities from high to low were reproductive system disease (12.10%), infectious disease (6.23%), internal or surgical disease (3.49%), other kinds of disease(0.30%), hereditary disease(0.13%), sexually transmitted disease(0.06%), and mental illness (0.01%), respectively. There were 89.97% of the examinees with abnormalities detected were allowed to get married and 10.03% of the examinees got guidance for the abnormalities from medical staff. Conclusion After the introduction of free premarital examination, the number of people takting the check-up increased dramatically, but there were still some people unwilling to accept the premarital examination. It is necessary to further promote the free premarital examination. The results suggest that infectious disease and reproductive system disease are the key points for health education among young couples to be married.

Keywords: pre-marital examination defferential guidance free of charge

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通讯作者: 王玉,E-mail:wangyu@lzu.edu.cn

作者简介:

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