



JHSE

JOURNAL OF HUMAN SPORT AND EXERCISE
University of Alicante



Universitat d'Alacant
Universidad de Alicante

Home

Tea

F

on

Editorial

Submissions

JHSE

➤ [Current Issue](#)

➤ [Back Issue](#)

➤ [Most recent articles](#)

➤ [Index](#)

➤ [Advanced search](#)

➤ [Contact](#)

ARTICLE TOOLS

 [Print this article](#)

[article](#)



[Indexing metadata](#)

 [How to cite item](#)

[item](#)



[Finding](#)

[References](#)



[Site Map](#)

[Abo](#)

[Link](#)

**GOOGLE
TRANSL**

Indicator 2005-2012

SJR 

Cites per doc 

Total cites 

www.scip

[Review](#)

[policy](#)

 [Email this article](#)

[\(Login required\)](#)

[Email the author](#)

 [\(Login required\)](#)

[\(Login required\)](#)

[\(Login required\)](#)

[\(Login required\)](#)

**FONT
SIZE**

Browse





CURRENT ISSUE

RTOM 1.0

RSS 2.0

OPEN JOURNAL SYSTEM

- By [Issue](#)
- By [Author](#)
- By [Title](#)

Search

All

Search

USER



Username

Password

Physical activities in Czech sociological perspective.

Aleš Sekot

Abstract

We are living a time when society, culture and science have become increasingly aware of the great importance of sport not only as a part of mass culture, but broadly understood, for individual and social health and well-being. Physical activity of people plays increasingly more important role in scientific interest regarding way of life of contemporary society and it is very important factor in the process of officiating of the level of healthy and active life style, quality of life and health in general. Indispensable role of physical activity in the course of human life is permanently

Remember
me

Log In

[Announcements](#)

scientifically confirmed also in context of prevention of obesity. The development of a sedentary life style is the result of a socialization process towards physical inactivity developed in youth and continued into adulthood. At the present we face in our cultural settings apparent tendency: People are more and more individualized, loosing beneficial impacts of community activities, involved in passive way of life lacking proper level of physical activities and active sport. Some preliminary data of the time of being in progress research of physical activity of Czech population are presented to describe specific relation of sport and sedentary society. The Czech Republic is on the level of mass sport strongly influenced with the existence of new development of the city structure, including fitness centres, cyclo paths, roller skates stadiums, beach volleyball playing fields, golf courses. General conclusions of the paper is

concentrated on the question what
Czech society expects from sport in
given context of existing tendencies
in mutual relation of sport and
society

Key words: PHYSICAL ACTIVITY;
SPORT; OBESITY; SOCIETY;
SOCIALIZATION; BUILT
ENVIRONMENT; NUTRITION

doi: 10.4100/jhse.2012.8.Proc2.10

Full Text: [PDF \(271 KB\)](#) [STATISTICS](#)



This work is licensed under a [Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License](#).

J. Hum. Sport Exerc. ISSN 1988-5202. doi:10.4100/jhse. Faculty of
Education. University of Alicante. C/ San Vicente del Raspeig s/n -
03690 San Vicente del Raspeig - Alicante - Spain jhse@ua.es