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人血浆中辅酶Q10的HPLC测定法及其动态研究

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摘要:

目的:建立人血浆中辅酶 $Q_{10}$ 的高效液相色谱检测法,以测定人体内辅酶 $Q_{10}$ 的经时变化过程。方法:血浆经无水乙醇沉淀蛋白后,以正己烷提取,进行高效液相色谱法检测。色谱柱为Spherisorb  $C_{18}$  10  $\mu$ m 25 cm×4.6 mm ID,流动相为无水乙醇—水—冰醋酸(98:2:0.7),检测波长为275 nm,内标为辅酶Q<sub>o</sub>。结果:在0.2~4.0

 $μg.ml^{-1}$ 浓度范围内峰面积比与浓度呈良好的线性关系,γ=0.9998,方法重现性好,提取回收率大于90%,以本法测定了8名男性健康受试者服用辅酶 $Q_{10}$ 制剂前后血浆中辅酶 $Q_{10}$ 的浓度经时变化过程。结论:用本法测定人血 浆中辅酶Q<sub>10</sub>浓度结果满意;人血浆中内源性辅酶Q<sub>10</sub>浓度为(763.3±86.3) ng.ml<sup>-1</sup>,且受饮食及运动量的影响。 关键词: 辅酶Q<sub>10</sub>; 高效液相色谱法

# DETERMINATION OF COENZYME Q10 AND ITS CONCENTRATION-TIME CURVE IN **HUMAN PLASMA BY HPLC**

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### Abstract:

AIM: To develope an HPLC method for the study of plasma concentration-time curve of coenzyme  ${\bf Q}_{10}$  $(CoQ_{10})$  in human body. METHODS: Chromatography was performed on a Spherisorb  $C_{18}$  column (25) cm×4.6 mm ID) with ethanol-water-acetic acid (98:2:0.7) as mobile phase. The detection wavelength was 275 nm. The internal standard was coenzyme  $Q_q$  ( $CoQ_q$ ). After deproteinization with ethanol, the plasma was extracted with n-hexane. RESULTS: A good linearity was obtained from 0.2 $\sim$ 4.0  $\mu$ g.ml $^{-1}$  of CoQ $_{10}$  in human plasma with a correlation coefficient of 0.9998. The extraction recovery was more than 90%. The plasma concentration-time curve of CoQ<sub>10</sub> of eight volunteers was determined by this method Article by following a controlled clinical experiment. CONCLUSION: The established HPLC method was proved to be a good mehtod for the determination of  $CoQ_{10}$  in human plasma. The experimental results showed that the human plasma concentration of endogenous CoQ<sub>10</sub> was (763.3±86.3) ng.ml<sup>-1</sup> and was affected by food and movement.

Keywords: HPLC coenzyme Q<sub>10</sub>

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