

山药和麦冬的配伍机制及其临床运用

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中文摘要:目的:探索山药和麦冬配伍机制及临床意义,了解配伍在临床应用中的重要性。方法:山药和麦冬均为临床常用中药,基于药对配伍的原则、药对配伍组合特点及现代研究认识等,笔者通过研究历代及近现代文献,对山药和麦冬配伍组成的现代科学内涵及其临床运用进行了分析与探讨。结果:山药和麦冬配伍主要运用于润肺滋阴、补肺美肤、延年益寿3个方面。结论:山药和麦冬的配伍机制灵活,临床运用广泛,为临床用药提供一些新的思路。

中文关键词:[山药](#) [麦冬](#) [配伍](#) [分析](#)

To Analyse Compatible Mechanism and Clinical Application between *Dioscorea opposita* and *Ophiopogon japonicus*

Abstract:Objective: This article is to analyse the compatible mechanism and the clinical application on *Dioscorea opposita* and *Ophiopogon japonicus* and provide some suggestions to highlight the importance of compatibility of medicines in clinical application. Method: Based on the compatible mechanism, combination characters and the modern research, an analysis of the compatible mechanism and the clinical application of *D. opposita* and *O. japonicus* was performed. Result: The compatibility of *D. opposita* and *O. japonicus* was mainly applied in three clinical aspects such as nourishing Yin, moistening dryness and nourishing the lung. Conclusion: The compatible mechanism is flexible and has a very wide clinical application, which may provide some new thought in clinical application.

keywords:[Dioscorea opposita](#). [Ophiopogon japonicus](#) [compatibility](#) [analyzing](#)

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