

 中文标题 检索 跨刊检索

四川平武白马藏族医药的初步调查

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中文摘要:目的:调查和挖掘四川平武白马藏区的药物资源和防治疾病的方法,对白马藏族医药知识进行抢救,为民族医药的保护和发展奠定基础并提供依据。方法:深入平武白马藏族的4个民族乡进行座谈、访问、现场调查结合文献资料的查阅,对获得的资料进行系统分类整理,并进行必要的验证性实验。结果:平武白马藏区药物资源丰富,风湿病、胃病、咽炎、外伤等为当地常见疾病,发病原因与当地气候、饮食、生活习惯等有关,白马人用药具有就地取材、单味简用的特色,擅长使用“冷水药”和“鼻吸药粉”等。结论:因受汉文化的影响,白马藏族的文化正在逐渐消失,因此抢救白马藏族医药已迫在眉睫。

中文关键词:白马藏族 民族药 药物资源 常见病 验方

Research and investigation in medicine of Baima Tibetan in Pingwu Sichuan

Abstract: Objective: To investigate and collect medicinal resources and methods of prevention and treatment of diseases in Baima Tibetan of Pingwu Sichuan in order to rescue and protect the ethnological medicine. **Method:** Through visiting, field survey in four ethnic townships of Baima Tibetan in Pingwu Sichuan as well as referring literatures to collect information and data analysis of them the investigation was carried out. **Result:** The investigation area showed rich medical resources. Rheumatism, stomach disease, pharyngitis and trauma are local common diseases which caused by local climate, diet and life style and so on. The Baima Tibetan are good at using local herb singly and simply to treat disease, using cold water medicine and powder snuffing are their own characters. **Conclusion:** It is an extremely urgent issue to rescue Baima Tibetan medicine which is disappearing by the influence of the Han nationality culture.

keywords: Baima Tibetan ethnic drug medicine resources common disease prescription

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