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Taste Disorders and Zinc Deficiency

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Abstract:

The number of patients with taste disorders are remarkably increasing. There are many causes of taste disorders, and accordingly their clinical states are various. Of these disorders, those found frequently are secondary taste disorders, which occur as a result of zinc deficiency or medication for treatment of other diseases. The mechanism of occurrence of taste disorders has been studied in association with zinc, one of trace elements. In this article, causes of taste disorders are described mainly in connection with zinc. In addition, zinc therapy, which has been examined relatively objectively heretofore, is evaluated. Usefulness of zinc administration for taste disorder has been expressed.

Key words: rat, human, taste disorder, zinc, zinc deficiency, zinc therapy

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