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Recent progress on essentiality of the ultratrace element vanadium in the nutrition of animal and man

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Abstract:

In 14 experiments with intraunterinely depleted goats getting $< 20 \,\mu g$ V/kg ration DM, V-deficient goats suffered pain in the extremities, developed swollen tarsal joints of the forefeet, glandular hyperplasia of the endometrium and increased size of pancreas, thymus and thyroid compared with controls. The normative requirement of Vanadium (V) for animals amounts to $> 20 \,\mu g$ diet DM and $< 5 \,\mu g$ V/day for adult humans.

Key words: vanadium, essentiality in animal, geological influences, intake of man, foodstuffs

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