

## Encouraging Development of Care of Diabetic Patients

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In the Name of God, the Compassionate, the Merciful

Some scientific evidence shows that the role of the elite graduates of endocrinology and metabolism in developing the care of diabetic patients has not been as distinct as that of some other interventions and the services of other medical specialties involved in offering services for this group of patients. Although these studies have not been performed here, they deserve attention.

Diabetic patients suffer from a chronic illness. Chronicity of this disease, on one hand, and its short- and long-term complications, on the other hand, entails more specific care than in acute diseases.

There are efforts underway to systematize submission of services, education, etc all over the world, and the issue varies proportionate to the health systems, medical costs and the manner of submitting the private and public services. But, some basic principles are evident in lots of these interventions, including:

- Insistence on education and encouraging the patients to participate are fundamental to submitting service to these patients; and various kinds of education are the pillars on which the care of diabetic patients lies.

- Other elements of note are team and multidisciplinary approach toward these patients. Regarding the long course and the complications of diabetes mellitus, the patient has various needs including physical and mental ones in addition to prescribing medicaments such as insulin, which are not surmountable by unilateral attitudes of endocrinology and metabolism specialists.

Paying attention to this element has enabled to create serious changes in submitting services to diabetic patients. It seems that, despite creation of a convenient bed for realization of this matter across the country, the mentioned tasks are not so easy ones, but, moving toward these objectives and paying attention to these elements and other significant issues in controlling the chronic patients, such as registration and recording the data and having software to organize the patients' data and to make easier following them up seem necessary and can promote the control of our diabetic patients more seriously.

Although the diabetic patients need our support and endeavor for their being medicated, but, our ever-increasing and sympathetic efforts along with that of treatment team are humane and moral.

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