## Outline of Orthodontic Case Report\*

- 1. Title.
- 2. Author's name, degrees and city of residence.
- 3. Introduction.
  - a. A brief statement of salient features of the case.
  - b. If treated in an institution, its name or if private practice, name of clinician.
- 4. History of patient.
  - a. Race, sex, age, general physical and mental health.
  - b. Prenatal.
    - 1. Length of pregnancy.
    - 2. Statement of any abnormal condition during gestation.
  - c. Birth.
    - 1. Delivery.
    - 2. Birth weight.
    - 3. Condition in neonatal period.
  - d. Feeding.
    - 1. Breast or bottle.
    - 2. Duration of breast feeding (6 mos., 9 mos., etc.).
    - 3. Character of formula of artificial feeding.
    - 4. Codliver oil, orange juice or tomato juice, or other vitamin supplements.
    - 5. Rapid or slow in nursing (particularly with reference to thumb or other sucking habits).
  - d. Diet in childhood.
    - Character of diet re: carbohydrates, protein, fats, and vitamins, soft foods and those requiring more vigorous mastication.
    - 2. Foods taken most readily.
  - e. Growth.
    - 1. Even.
    - 2. Spasmodic.
    - 3. Retarded.
    - 4. Accelerated.

<sup>\*</sup>It is recognized that no single case will offer or require data on all of the points mentioned. The outline is intended to act as a frame work upon which may be hung the information available in a particular instance. Neither is it considered final in either content or arrangement, but is offered to stimulate comment, criticism, and suggestions to the end that a comprehensive outline may be developed in the interest of more serviceable case reports.

- 5. Family history.
  - a. Health of parents.
  - b. Health of siblings (other children of same parents).
  - c. Occlusion of parents and siblings when available.
  - d. Maternal and paternal ancestors in special cases when indicated by hereditary factors.
    - 1. Missing and supernumerary teeth.
    - 2. Frenum.
    - 3 Etc.
- 6. Disease history.
  - a. Diseases, including allergic manifestations, with age at time they were experienced.
  - b. Operations including tonsil and adenoidectomy, and age at operation.
  - c. Accidents, with age at time of accident.
- 7. General physical examination.
  - a. Size of child (height, weight, and body build).
  - b. Posture.
  - Particular medical laboratory reports when indicated and available.
- 8. Dental and orthodontic physical examination.
  - a. Shape of face and cranium.
  - b. Character of musculature.
  - c. Lips.
  - d. Tongue, size and rest position.
  - e. Osseous development.
  - f. Morphology of teeth (erupted; also unerupted, if observable in x-ray).
  - g. Type of malocclusion with explanation.
  - h. Degree of dental caries, extent and surfaces of teeth characteristically affected.
- 9: Case analysis.
  - a. Etiological factors.
    - 1. Primary factors.
      - a. Mouth breathing.
      - b. Hyper or hypotonicity.
      - c. Absent dental units, etc.
    - 2. Secondary factors (contributary factors).
  - b. Statement of what has happened.
  - c. Perverted influences at present.

- 10. Outline of objectives.
  - a. General objectives (development of mandible, pre-maxilla, etc.).
  - b. Statement of tooth movement desired.
  - c. Statement of tooth movement attainable.
- 11. Outline of means of obtaining this tooth movement.
  - a. Mechanics and mechanical devices.
  - b. Myo-functional devices.
  - c. Psychological procedures.
- 12. Outline of retention.
  - a. Objectives.
  - b. Method.
    - 1. Mechanical.
    - 2. Myo-functional.
    - 3. Psychological.
- 13. Results of orthodontic management.
  - a. Critical analysis of result.
    - 1. Immediately after management.
    - 2. Five years or more after management if possible.
- 14. Summary of case.
- 15. Records for illustrations.
  - a. Photographs.
    - 1. Before.
    - 2. After.
    - 3. Intermediate.
  - b. Casts.
    - 1. Before, after, and intermediate.
    - 2. Wax bites or study casts.
    - 3. Face masks.
  - c. X-rays.
    - 1. Intra oral.
    - 2. Extra oral (including cephalometric when available).
  - d. Diagrammatic and photographic illustration of appliance, arch form, and dental-carnio relationship, etc.
- 16. Author's address.