

The EBMT Activity Survey on Hematopoietic Stem Cell Transplantation: A novel Instrument for Quality Control

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Abstract: The hematopoietic stem cell transplant activity survey of the European Group for Blood and Marrow Transplantation (EBMT) represents a novel modern tool in health care management. Introduced in 1990, it captures annual numbers of hematopoietic stem cell transplantation (HSCT) by indication, donor type and stem cell source from each individual European transplant team. Supplemented by demographical data and economic factors, team density and transplant rates can be calculated and the impact of economics on HSCT rates can be assessed. As documented in the present analysis, a total of 19,668 HSCT were performed in Europe in 2001 by 599 teams in 31 countries, 6426 (30%) allogeneic and 13,242 autologous (70%) HSCT. The main indications for allogeneic HSCT were leukemias, lymphoproliferative disorders and non-malignant diseases; the main indications for autologous HSCT were lymphoproliferative disorders, solid tumors and leukemias. The main sources of stem cells were peripheral blood (95%) for autologous, peripheral blood (60%) and bone marrow (40%) for allogeneic HSCT. Based on its completeness the EBMT activity survey allows for a rapid description of the status quo that allows us to assess of trends and determine factors influencing transplant rates. As such it provides up-to-date information for patients, treating physicians and health care officials. It can serve as an example for other such surveys to come.

Key Words: Hematopoietic stem cell transplantation, transplant activity, economic factors, public health

Introduction

Hematopoietic stem cell transplantation (HSCT) represents one of the many recent examples of modern high efficiency medical technology under debate in an era of limited resources. It is associated with high costs but is limited to selected groups of patients. HSCT's potential as a therapeutic tool is no longer in question. It has been developed from a last resort in a desperate situation to an accepted therapy for many patients with severe acquired or congenital disorders of the hematopoietic system or with chemo-, radio- or immunosensitive malignancies. Hematopoietic stem cells from different donor types (autologous, syngeneic, allogeneic related and allogeneic unrelated donors) and different stem cell sources (bone marrow, peripheral blood and cord blood) are used depending on the clinical situation and need (1-4). Their use has increased rapidly during the last decade and is

today integrated into the therapeutic plan for many diseases. Still, HSCT represents a challenge for treating physicians, patients and health care agencies. Patients are confronted with immediate risks and late benefits, physicians are challenged to give advice to well-informed patients with access to the internet and the most recent publications, and health care officials are obliged to provide the needed infrastructure for this high cost technology. HSCT itself is not linked to one specific device or one specific drug. It is rather the complex network of highly trained physician and nurse specialists and the length of commitment to individual patients that renders the procedure time and cost intensive. As in any evolving field, changes in procedures and technology are rapid. The introduction of new concepts, such as reduced intensity conditioning, might change the short-term outlook for patients or open up the technology to new

patient categories; the advent of new drugs, such as imatinib mesylate, provides alternative approaches to HSCT. In this changing situation, up-to-date information at any level is essential. The activity survey of the European Group for Blood and Marrow Transplantation (EBMT) represents such a tool to provide rapid information on the status quo (5).

Methods

EBMT activity survey

The EBMT activity survey was initiated in 1990 as a part of the EBMT accreditation office and as a rapid tool for quality control and trend assessment (5). It is still closely linked with the EBMT, but includes non-EBMT members as well. Its clear aim is to cover all HSCT activity in Europe, from EBMT members and non-member institutions alike. The activity survey collects annual numbers of HSCTs from each participating institution by indication, donor type and stem cell source on a one-page questionnaire (Fig. 1). For EBMT members it is mandatory to participate under the EBMT constitution and accreditation for unrelated donor transplants depends on participation. Non-members are invited to participate. Lists of transplant teams are compared with national agencies wherever such agencies function to assure completeness.

Participating teams:

Six hundred twenty-four stem cell transplant teams were contacted in 2001 in 35 European countries. Of these, 599 teams (Table 1) returned the survey sheet, and this corresponds to a 96% return rate and includes 460 of 466 EBMT member teams (6). No major transplant team in Europe is missing from this list. According to informal information no blood and marrow transplants were performed in the following European countries: Albania, Andorra, Armenia, Azerbaijan, Bosnia-Herzegovina, Cyprus, Georgia, Iceland, Liechtenstein, Malta, Moldova, Monaco, San Marino and the Vatican.

Definitions:

Transplants are defined as an infusion of hematopoietic stem cells following a conditioning regimen with the intention of replacing the existing hematopoiesis by the injected stem cells. First transplants refer to the first transplantation of hematopoietic cells and full information is collected only for first transplants. Therefore, each patient is counted only once independent

of the number of transplant procedures, and this prevents multiple reporting. Additional procedures such as re- or multiple transplants (Table 2) were collected in total and were not specified by disease to receive an estimate of the absolute number of HSCT procedures. Re-transplants refer to a situation where recipients receive a second HSCT following relapse or rejection. Multiple transplants refer to a planned program of sequential HSCT. Donor lymphocyte infusions were not considered transplants, but general information on new patients treated with DLI was collected.

Transplant rates were defined as the number of HSCTs per 10 million inhabitants (7). They were computed for each year, disease indication, donor type and country. Team density was defined as number of HSCT teams per 10 millions inhabitants. The population data were obtained each year from the U.S census office (<http://www.census.gov>). Population data were used to determine transplant rates in total for each donor type and each indication. Comparing transplant rates in different countries allows the calculation of a coefficient of variation (CV) for transplant rates (8). A high CV corresponds to a high variation of transplant rates, hence disagreement amongst transplant physicians; a low CV corresponds to a low variation of transplant rates for the given indication (Table 3), hence agreement for specific indication.

Results

Reporting of status quo. HSCT numbers by indication, donor type and stem cell source are collected annually and published rapidly each year in major hematology journals. The results of annual surveys are supplied to participating members including corporate pharmaceutical EBMT members prior to publication. All efforts are undertaken to have the data published not more than one and-a-half years after the survey. These data, which cover more than 90% of autologous and more than 95% of allogeneic HSCTs in Europe are an invaluable tool for transplant teams for self-positioning and patient counseling (9-18). The representative example of the annual survey in the year 2001 is presented in Tables 1 and 2.

The comparison between participating European countries allows for the quantitative assessment of differences between these countries. The EBMT activity



SURVEY ON TRANSPLANT ACTIVITY 2001

Table 1: Report the total number of patients receiving their 1st transplant in 2001 only for each category. List all patients with allogeneic and autologous transplants according to indication and source. BM=bone marrow; PBSC=peripheral blood stem cells or cord blood.
 NB: Table 1: 1 patient = 1 transplant only (first). See guidelines
 - non-id* = any family member(matched or mismatched) other than HLA - id sibling or twin
 - for allogeneic transplants, please enter combined BM+PBSC under "PBSC"

Table 1	NUMBER OF PATIENTS WITH FIRST TRANSPLANT ONLY IN 2001													
	allogeneic								autologous				Total	
	HLA - id sibling		family		twin		unrelated		BM only	PBSC only	BM+ PBSC	Allo	auto	Total
	BM	PBSC	BM	PBSC	BM	PBSC	BM	PBSC						
Indication														
AML 1st CR														
non 1st CR														
ALL 1st CR														
non 1st CR														
CML cP														
not 1st cP														
MDS/MPS														
CLL														
Myeloma (incl. Amyloidosis)														
HD														
NHL														
Neuroblastoma														
Glioma														
Soft tissue														
Germinal Ca.														
Breast Ca: stage 2														
stage 3														
inflammatory														
metastatic														
Ewing														
Lung Ca.														
Ovarian Ca.														
Other solid tumors														
SAA+Fanconi														
Thalassaemia														
SCID														
Inborn errors														
Auto immune disease														
Others														
TOTAL (patients)														

Tables 2 and 3: Other transplants (excluding the first) in 2001, see guidelines:

Table 2: Allogeneic transplants

No. allogeneic retransplants in 2001	
No. of additional allogeneic transplants in 2001	

Table 3: Autologous transplants

No. autologous retransplants in 2001	
No. of additional autologous transplants in 2001	

Table 4: Other information

Total cord blood transplants in 2001	
Total non myeloablative / reduced intensity (mini allo - RIC) in 2001	
Non transplant procedures	
Total No. patients receiving donor lymphocyte infusions (DLI) in 2001	

Table 5: Totals

Total No. of TRANSPLANTS in 2001	ALLO	AUTO	TOTAL
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E-mail: baldomero@uhbs.ch

Form sent in by:

Figure 1. Activity survey sheet as distributed to European HSCT teams.

Table 1. Number of patients treated in Europe in the year 2001 by HSCT according to indication, donor type and stem cell source.

	DONOR SOURCE													
	No. of patients													Total
	Allogeneic							Autologous						
	Family			Unrelated			BM only	PBPC only	BM + PBPC	Allo	Auto	Total		
HLA-id	BM	PBPC	BM	PBPC	twin	BM							PBPC	
BM	PBPC	BM	PBPC	BM	PBPC	BM	PBPC	BM	PBPC	BM	PBPC	BM	PBPC	
Year = 2001	1007	1581	58	214	6	19	843	801	214	1386	49	4529	1649	6178
TEAMS = 599	347	684	18	101	1	7	256	299	157	838	40	1713	1035	2748
Leukemias	258	407	7	22	1	6	103	88	116	695	36	892	847	1739
Acute myeloid leukemia	89	277	11	79	1	1	153	211	41	143	4	821	188	1009
1st complete remission	300	277	20	57	1	3	283	220	39	269	8	1161	316	1477
not 1st complete remission	161	147	10	14	1	2	93	75	24	175	4	503	203	706
Acute lymphatic leukemia	139	130	10	43	1	1	190	145	15	94	4	658	113	771
1st complete remission	263	335	9	38	3	4	187	155	6	46	0	994	52	1046
not 1st complete remission	223	269	6	21	2	3	135	93	1	27	0	752	28	780
Chronic myeloid leukemia	40	66	3	17	1	1	52	62	5	19	0	242	24	266
chronic phase	78	196	11	16	1	4	103	105	4	34	0	514	38	552
not 1st chronic phase	19	89	2	2	1	1	14	22	8	199	1	147	208	355
Myelodysplastic syndrome	127	514	2	32	1	17	69	100	148	9268	99	862	9515	10377
Chronic lymphatic leukemia	43	157	1	10	6	6	22	34	12	4065	17	273	4094	4367
Lymphoproliferative disorders	7	52	1	6	3	3	8	11	58	1220	32	87	1310	1397
Myeloma	77	305	1	16	1	8	39	55	78	3983	50	502	4111	4613
Hodgkin's lymphoma	4	140	0	4	0	0	0	1	61	1842	14	149	1917	2066
Non Hodgkin lymphoma	1			1					25	247	5	2	277	279
Solid tumors									2	60	0	0	62	62
Neuroblastoma									5	97	2	5	104	109
Neuroblastoma									2	290	0	2	292	294
Glioma									153	153	0	0	153	153
Soft tissue sarcoma									134	134	0	0	134	134
Germinal tumors									58	58	0	0	58	58
Breast cancer: stage 2									146	146	21	21	146	167
Breast cancer: stage 3									8	213	3	3	224	227
Breast cancer: inflammatory									1	91	0	0	42	42
Breast cancer: metastatic									1	91	0	8	92	100
Ewing									18	311	4	108	333	441
Lung cancer									9	74	2	740	85	825
Ovarian cancer									1	1	1	302	0	302
Other solid tumors									16	1	1	178	1	179
Non malignant disorders	2	102		3				1	18	311	4	108	333	441
Severe aplastic anemia + Fanconi	294	134	41	61	4	1	138	67	9	74	2	740	85	825
Thalassemia	129	70	3	13	3	1	55	28	6	2	2	302	0	302
SCID	101	46	6	8	8	1	16	1	6	1	1	178	1	179
Inborn errors	17	8	24	21	1		13	9	6	2	2	92	8	100
Auto immune disease	47	9	8	18	1		54	28	3	3	3	165	3	168
Others	48	39	3	10	1		27	18	4	71	1	146	76	222
TOTAL	1480	2408	104	321	12	37	1077	987	436	12641	165	6426	13242	19668

Table 2. Total number of additional HSCTs or retransplants in Europe in 2001.

Indication	Allogeneic HSCT	Autologous HSCT	Total
1st transplants = patients	6426	13,242	19,668
Retransplants	673	542	1215
Additional transplants	173	2098	2271
TOTAL	7272	15,882	23,154

Table 3. Coefficients of variations (CV) in transplant rates for individual disease indications. Low CV's correspond to agreement, high CVs to disagreement among transplant physicians in Europe on the given indication.

CV	Allogeneic HSCT	Autologous HSCT
< 50	AML 1 st CR	MM
	AML not 1 st CR	HD
	ALL 1 st CR	NHL
	ALL not 1 st CR	ES
	CML 1 st cP	NB
	CML not 1 st cP	
	MDS	
	NHL	
50 - 80	MM	AML 1 st CR
	CLL	AML not 1 st CR
>80	HD	ALL 1 st CR
		ALL not 1 st CR
		CML 1 st cP
		CML not 1 st cP
		MDS
		CLL
		ST

- AML: Acute myeloid leukemia
- ALL: Acute lymphoid leukemia
- CML: Chronic myeloid leukemia
- CLL: Chronic lymphocytic leukemia
- MM: Multiple myeloma
- MDS: Myelodysplastic syndrome
- HD: Hodgkin's lymphoma
- NHL: Non-Hodgkin's lymphoma
- ES: Ewing's sarcoma
- NB: Neuroblastoma
- ST: all other solid tumors

survey early on revealed such differences in HSCT activity, as illustrated in Figure 2, for the year 2001. These differences relate to all aspects analyzed, e.g., indication, donor type, stem cell source, transplant rates and team density.

Repeat examinations of the annual survey reveal insights into several mechanisms. Not surprisingly, transplant rates clearly correlate with national economics such as gross national product (GNP), health care expenditures (HCE) or purchasing power-parity (PPP), but only to a certain extent (Fig. 3). For those with a higher economic status, there is no longer a correlation. This correlation from the health care structure is illustrated in the figure. There are basically three different economic health care systems in Europe: the decentralized type as in Eastern European countries, a tax funded system and a social security based system (7).

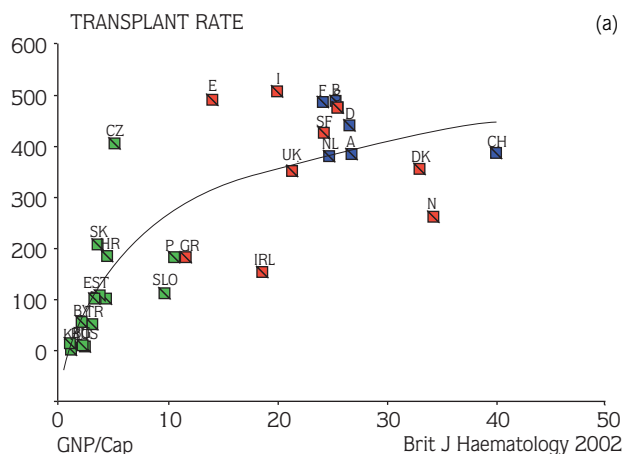
Transplant rates correlate with team density, but again only to a certain extent. Low team density correlates with low transplant rates. This means that there is the need for several transplant teams to be present in a given country in order to disseminate the technology.

There is also a saturation point at about 10 teams per 10 million inhabitants. With more teams, there is no related increase in transplant rates.

The comparison of transplant rates for individual indications provides an instrument to assess with quantitative methods consensus or disagreement among European specialists and transplant indications. A CV in transplant rates allows for numerical description; a CV of



Figure 2. Map of European HSCT transplant rates for 2001.



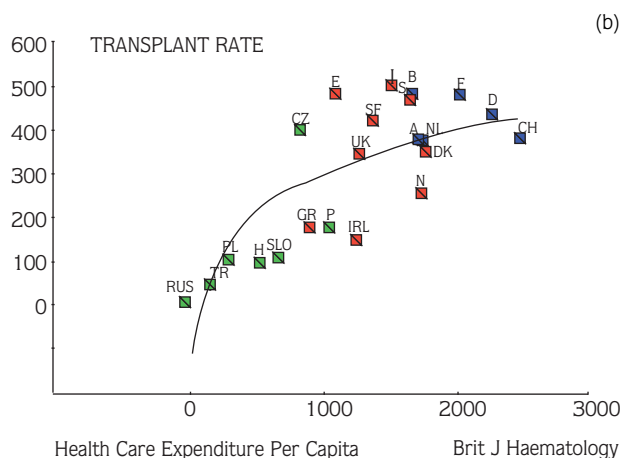
(a)

≤ 50 strongly suggests consensus, while a CV > 100 strongly suggests disagreement (Table 3) (8).

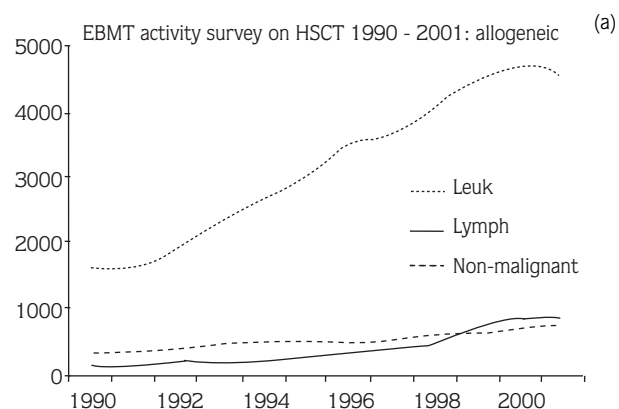
Changes over time and midterm projections

HSCT is a highly complex, cost intensive but powerful therapeutic strategy. It is also an expanding field with additional rapid changes in technology as illustrated in Figure 4. In 1990 all HSCTs were still bone marrow derived. Within a decade the picture had changed completely with peripheral blood being used as a stem cell source in the autologous setting and about 50% of the time in the allogeneic setting (18).

There have been massive changes in the absolute numbers of HSCTs between 1990 and 2001, though not to the same extent for all indications (Fig. 5 (a,b)). Allogeneic HSCT has increased more than five fold for



(b)



(a)

Figure 3. Transplant rates and economic factors in Europe. HCE = health care expenditures per capita in US\$ GNP = gross national product per capita in US\$ (reprinted with permission, British Journal of Hematology)

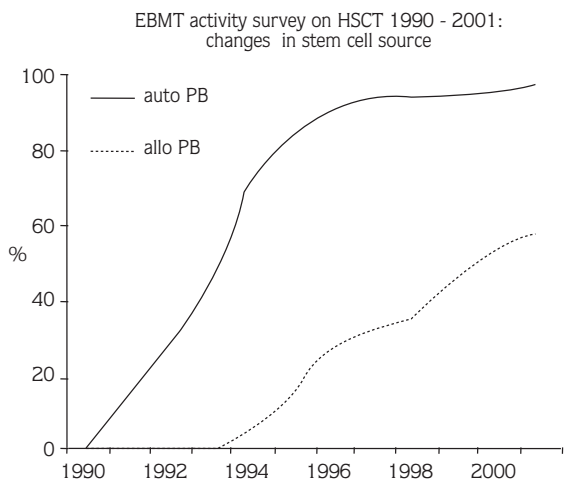
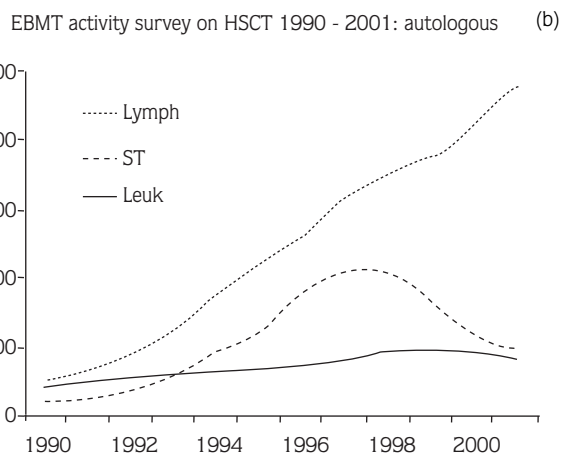


Figure 4. Change in stem cell source.



(b)

Figure 5. Development of main indications for HSCT in Europe from 1990 to 2001

Figure 5a: Changes in allogeneic HSCT
Figure 5b: Changes in autologous HSCT

patients with leukemia. There is a clear increase for lymphoproliferative disorders over the last 3 years and non-malignant indications show a steady low increase. For autologous HSCT, there was a massive increase in HSCT for lymphoproliferative disorders, though this was less so in hematological malignancies. In contrast, there has been a massive expansion in autologous HSCT for solid tumors in the early 1990s with a peak in 1997 and a rapid decline thereafter. This was mainly due to the expectations in breast cancer and the misinformation based on negative prospective randomized studies (19-21).

The EBMT activity survey has now been developed with the help of health care management specialists as a tool for midterm projections (22). Preliminary data so far give a clear answer: HSCT rates for individual indications follow clear mathematical models and the trends are highly predictable over the short term. However, changes can occur. If they occur they are rapid, unpredictable and substantial (20,22). They tend to occur 2-4 years before major publications related to these events. Changes in technology e.g., the shift from bone marrow to peripheral blood in autologous HSCT, were completed at the time of publication of the leading article. The expectations of physicians and patients are currently discussed as main factors influencing such decisions.

Discussion

As it stands, the EBMT activity survey provides a unique tool. It covers a whole continent and captures almost all procedures for a given speciality field. Because it concentrates on rapid data capture it reflects the status quo as it stands. It provides the most up-to-date basis for decision making for physicians, patients and health care administrators alike. It serves as a quality control instrument for individual teams, national societies and global structures as well.

In addition, it opens the field to new aspects. Risk assessment for individual patients is well established and decision making at the individual patient level follows accepted rules (23). Little is known in contrast, of factors influencing team decisions. Clearly, more information and

better understanding is warranted. Instruments such as the EBMT activity survey might provide us with such answers.

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