# Influence of Centrifugal Force on Filler Loading of Resin Composites

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This study examined the influence of centrifugal force on the filler loading of composites using a light-polymerizing apparatus combined with a centrifuge. To assess uneven filler particle distribution resulting from specimen rotation, two lowviscosity composites (Palfique Estelite LV and Revolution Formula 2) were placed in test tubes, centrifuged, and subsequently light-polymerized with the apparatus. After each specimen was sliced into four disks (2-mm thickness), the inorganic filler content and Knoop hardness number (KHN) of each disk were determined. The results suggested that filler loading of composites could be increased by application of centrifugal force if the filler and monomer components were properly arranged.

Key words: Centrifugal force, Composite, Light-polymerizing apparatus

# INTRODUCTION

In 1977, the American Dental Association classified dental composites into two types: Type 1 comprised those of chemically polymerized materials, and Type 2 those of external-energy-activated materials<sup>1)</sup>. Since then, dental composites have undergone strength improvements to enable them to perform better in large stress-bearing applications. In the early 1980s, composite materials were classified in another way that took account of particle size, manufacturing technique, and filler composition<sup>2)</sup>. Currently, composite materials are still undergoing development and refinement aimed to enhance their mechanical properties, wear resistance, and color stability.

Filler loading plays an important role in the mechanical properties of composite materials. As a result, total filler content in composite materials has increased to improve flexural strength and modulus<sup>3-6)</sup>, hardness<sup>4)</sup>, and fracture toughness<sup>4,7-9)</sup>. Modifications to filler morphology and components have also markedly influenced the recent developments of composite materials<sup>4)</sup>.

Of late, filler particles have become smaller due to technological advances in the field of dentistry. Tanoue *et al.*<sup>10)</sup> reported that a microfilled composite exhibited a smoother surface than composites that included macrofillers after toothbrush-dentifrice abrasion. Further, Turssi *et al.*<sup>11)</sup> reported that a nanofilled composite exhibited low pre-testing roughness and wear regardless of the finishing/polishing technique. For denture teeth, a nanocomposite tooth is reported to be harder and more wear-resistant than the usual acrylic teeth, but not significantly different from most crosslinked or microfilled composite teeth<sup>12</sup>.

In general, it is difficult to industrially fabricate highly filled dental composites with small filler particles. Against this background, the authors designed a new laboratory polymerizing apparatus with the aim of increasing filler loading in composites. If filler particles — with a specific gravity greater than that of the resin matrix — could be concentrated by centrifugal force, higher filler loadings might be possible by using a centrifugal machine in the laboratory. This study therefore sought to investigate the fabrication of highly filled composite materials using centrifugal force. Accordingly then, we also reported on the structure of our trial centrifugal apparatus.

# MATERIALS AND METHODS

### Centrifugal polymerizing apparatus

A centrifugal light-polymerizing apparatus (Octothunder, Toho Dental Products, Saitama, Japan) was tentatively manufactured (Fig. 1). Three halogen lamps (150 W each) were placed at the bottom of the apparatus as light source. A rotator with four holes for test tubes was placed above the lamps. The unit was also equipped with a speed controller, a fan, and switches for rotation and light exposure timekeeping. Rotation speed was controlled within a range of 0-1,500 rpm, and light irradiation was possible before or during rotation. Details of the polymerizing apparatus are shown in Table 1.

### Composite materials

Two light-activated low-viscosity composites (Palfique Estelite LV High Flow (PE), A3, Tokuyama Dental Corp., Tokyo, Japan; Revolution Formula 2 (RF), Kerr/Sybron, Orange Co., USA) were selected for this study. The PE material included a silica-zirconia filler (68 wt%) with two particle sizes of 0.1 and 0.4  $\mu$ m, while the RF material contained barium glass and synthetic silica fillers (55 wt%) with particle size of 1  $\mu$ m. Both materials contained 2,2-bis [4-

(2-hydroxy-3-methacryloxy propoxy) phenyl] propane (Bis-GMA) and triethyleneglycol dimethacrylate (TEGDMA).

The composite materials were filled into four translucent polypropylene test tubes with an opening of 9 mm diameter until the height of the composite was 10 mm. The test tubes were then rotated at 1,500 rpm for 120 minutes. For the last 30 minutes, the material was irradiated.

The polymerized composite cylinder was removed from the test tube and stored in water at  $37^{\circ}$ C for 24 hours to complete post-irradiation hardening<sup>13,14</sup>. The composite cylinder was then mounted in an Isomet low-speed saw (No.11-1280-170, Buehler Ltd., Lake Bluff, IL, USA) with a diamond wafering blade



Fig. 1 A centrifugal light-polymerizing unit. A: Upper view without lid; B: Frontal view; C: Schematic representation of the apparatus.

Table 1 Details of centrifugal light-polymerizing apparatus (Ortothunder).

Light source	Halogen lamps 15	50 W×3
Rotation time	$0 - 120 \min$ (con	ntrollable)
Exposure time	$0 - 120 \min$ (con	ntrollable)
Rotation speed	0-1,500  rpm (con	ntrollable)
Specimen tube	$10 \text{ mL} \times 4$	
Manufacturer	Toho Dental Products, Saitama 336-0034, Japan	

(No.11-4244, Buehler Ltd.), and sectioned to achieve five disk-shaped specimens of 2.0 mm in height (Fig. 2). Among the five specimen disks, four point side disks of 0, 2, 4, and 6 mm were evaluated.

### Filler content

To assess the uneven distribution of filler particles resulting from sample tube rotation, the inorganic filler content was examined at each depth. First, the weight of each specimen was recorded and each disk was then incinerated at 600°C for 30 minutes using an incinerator (TMF 2000, J. Morita Corp., Suita, Japan). Filler content was calculated from the original weight of each specimen and the weight of the inorganic filler remaining after the polymer matrix became ash.

# Knoop hardness test

The top surface of each increment disk was ground with #600, #1,000, and #1,500 silicon carbide papers and polished with felt and 0.3- $\mu$ m alumina to produce a smooth, uniform surface. Knoop hardness was determined with a universal indenter (MVK-E Hardness Tester, Akashi Ltd., Yokohama, Japan). Knoop hardness number (KHN) was then calculated after a 50-g loading was applied for 30 seconds. Readings were made at five arbitrarily selected points on the top surface of each specimen.

# Statistical analysis

For each composite material, the average and standard deviation values of filler content and KHN were calculated from five specimens at each depth. The results were primarily analyzed by Levene's test for equality of variances. When the results of the Levene's test showed homoscedasticity, values were analyzed by one-way analysis of variance (ANOVA) and *post hoc* Duncan's new multiple range test with the value of statistical significance set at 0.05 for each material.



Fig. 2 Specimen preparation.

# RESULTS

Application of Levene's test yielded results that showed homoscedasticity.

With the PE material, the filler content of 0 mm increment disk was statistically (p < 0.05) the greatest among the four increments. The filler contents of 4 and 6 mm increments were not significantly different. Fig. 3 shows the filler content results at the four depths, while Fig. 4 shows the KHN test results. The KHN of 0 mm increment disk was also statistically (p < 0.05) the greatest among the four increments.

With the RF material, the KHN of 0 mm increment disk was also statistically (p < 0.05) the greatest among the four increments. However, the filler content of 0 mm increment disk was not statistically (p > 0.05) different from 2 mm and 4 mm increments. Figs. 5 and 6 show the filler content and KHN test results of the RF material respectively.



Fig. 3 Analysis of filler content for PE material at each depth. An identical letter indicates that values are not statistically different (p>0.05).



Fig. 4 Results of hardness testing for PE material at each depth. An identical letter indicates that values are not statistically different (p>0.05).



Fig. 5 Analysis of filler content for RF material at each depth. An identical letter indicates that values are not statistically different (p>0.05).



Fig. 6 Results of hardness testing for RF material at each depth. An identical letter indicates that values are not statistically different (p>0.05).

### DISCUSSION

The common definition of "centrifugal force" is that it is a fictitious force that appears to act on an object when its motion is viewed from a rotating frame of reference. An object traveling in a circle behaves as if it is experiencing an outward force. This centrifugal force depends on the mass of the object, the speed of rotation, and the distance from the center.

Since it has been found that the filler – rather than the resinous matrix – exerts a greater influence on the physical and mechanical properties of composite materials, high filler loadings have been experimented with or employed<sup>15)</sup>. Indeed, filler concentration plays a prominent role in determining the properties of a composite material. The advantages of highly filled composite materials are well known not only from *in vitro* investigations, but also from clinical practice.

The centrifugal light-polymerizing unit of the current study was developed to investigate whether a centrifugal force would be useful to concentrate filler particles in unpolymerized composite materials. This study showed that inorganic filler loading in a composite could be increased using the herein-developed centrifugal unit. Filler particles were thought to be moved to the circumferential edge of the test tubes by the centrifugal force, and consequently the filler content at the edge increased. With the PE material, the KHN results were related to the filler content (Figs. 3 and 4), since it has been reported that positive correlations were found between volume fraction of filler and Knoop hardness number, as well as between volume fraction of filler and diametral tensile strength<sup>16</sup>. With the RF material, however, the filler content result did not strictly correlate with the KHN result. It seemed that with low-viscosity composites, the chemical composition might have an effect on filler movement - although this result leaves room for various other interpretations.

It was demonstrated that centrifugal force was effective for fabrication of highly filled composite materials. If such a force can be utilized to concentrate filler particles smaller than those used in the current study, composite materials with significantly improved properties and smooth surfaces might be fabricated with a centrifugal polymerizing unit. Nevertheless, our pilot study showed that the force produced by the herein-developed unit was not effective in concentrating the filler in a conventional lightactivated composite for direct restorations, but only effective with a low-viscosity "flowable" composite. For clinical effectiveness with conventional composites, the unit needs to be improved so that a larger centrifugal force can be produced by the laboratory unit. Furthermore, future studies should also reveal how centrifugal filler loading can be exploited in clinical practice.

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